



WEEK of January 28, 2008

News Release – RDC Athletics

1. Upcoming Athletic Events:

Home Games

Queens Hockey vs. MRC – Thursday, Jan.31

- ◆ 7:00 PM at the Red Deer Arena

Volleyball vs. TKUC – Saturday, Feb.2 @ 5:00 PM

- ◆ Queens at 5:00; Kings to follow

Basketball & Volleyball games are in the RDC Lion's Den

Away

Queens Hockey

- February 1 @ MRC

Volleyball

- February 1 @ MRC

2. Booster Juice RDC Athletes of the Week:

Men: Taylor Armstrong - Basketball

Hometown: Big Stone, AB
Year/Program: 4th Yr/Education

Taylor had a career weekend against Mount Royal College. He averaged 22 points per game and 10 rebounds per game. Against a very deep and tough MRC squad, Taylor averaged a double-double and led the Kings to a weekend split versus the highly ranked Cougars. Taylor is in his final year at RDC, is team captain, a tremendous academic student and overall great team leader.

Women: Randi Tajcnar - Volleyball

Hometown: Taber, AB
Year/Program: 3rd Yr/BA Psych

Randi was a big contributor to the Queens this past weekend. Friday's game versus the King's University College was a tough one; the Queens needed someone to step up, and Randi did just that. Throughout the weekend Randi was a leader on the court. She compiled 15 kills, 8 stuff blocks and 10 digs, and did a consistent job on serve receive. She scored over 3 points per set. Randi is really starting to find her groove as an outside hitter!

3. Coaches' Comments

Rob Weddell, Queens Hockey

Next week, we meet MRC. All games are play-off atmosphere games as there is a 3 way tie for 2nd place. With meeting MRC this weekend we could knock them down into a 4 way tie mix. MRC currently is 3 points ahead of RDC, SAIT and UofC. With 2 weeks left we need to create some momentum into the playoffs.

Craig Behan, Kings Basketball

Bye this weekend

Dawn Smyth, Queens Basketball

Bye this weekend

Talbot Walton, Queens Volleyball

Well it's that time of the season again. Time to see just what the team is made of. There are certain weekends that players look forward to playing, and this upcoming weekend versus Mount Royal is no exception. The last two years, Mount Royal has held a distinct advantage over the Queens, but there is something special about the Queens this year. The Queens will be looking to finish first in their pool, and in order for that to happen they will need a couple of wins this weekend. When RDC and Mount Royal clash, the game is very physical with lots of thrilling plays at the net.

Aaron Schulha, Kings Volleyball

We have a very tough weekend coming up against Mount Royal. We are playing much more consistent and aggressive as of late so the guys are feeling ready and it will be a great opportunity to measure ourselves against the top team in the conference with a couple of weeks left until playoffs.

4. Last Week's Results

Kings Basketball	
Jan.25/08	RDC 75 - MRC 80
Jan.26/08	MRC 63 - RDC 69
Queens Basketball	
Jan. 25/08	RDC 44 - MRC 74
Jan. 26/08	MRC 64 - RDC 46
Queens Hockey	
Jan. 24/08	SAIT 3 - RDC 2
Jan. 26/08	RDC 2 - SAIT 4
Kings Volleyball	
Jan. 25/08	TKUC 0 - RDC 3 (25-17, 25-18, 25-10)
Jan. 26/08	RDC 3 - TKUC 1 (25-17, 12-25, 25-17, 25-18)
Queens Volleyball	
Jan. 25/08	TKUC 0 - RDC 3 (25-23, 25-23, 25-21)
Jan. 26/08	RDC 3 - TKUC 1 (16-25, 25-14, 25-17, 25-17)

FOR FURTHER INFORMATION, CONTACT:
 Keith Hansen, Athletic Director
 (403) 342-3267
 ATTACHMENTS: Standings

STANDINGS – ACAC

MEN'S BASKETBALL STANDINGS						
<i>as of January 26, 2008</i>						
<i>South Division</i>						
Team	G	W	L	Pts	PF	PA
Mount Royal	16	13	3	26	1309	1033
Red Deer	16	13	3	26	1150	1074
Lethbridge	16	10	6	20	1285	1210
Briercrest	16	6	10	12	1187	1301
Medicine Hat	16	4	12	8	1041	1217
SAIT	16	2	14	4	1097	1234

WOMEN'S BASKETBALL STANDINGS						
<i>as of January 26, 2008</i>						
<i>South Division</i>						
Team	G	W	L	Pts	PF	PA
SAIT	16	15	1	30	1194	792
Mount Royal	16	13	3	26	1143	812
Lethbridge	16	9	7	18	1211	957
Medicine Hat	16	9	7	18	1079	885
Red Deer	16	2	14	4	797	1126
Briercrest	16	0	16	0	562	1414

WOMEN'S HOCKEY STANDINGS							
<i>as of January 26, 2008</i>							
Team	GP	W	L	OTL	Pts	GF	GA
Mount Royal	18	12	4	2	26	49	32
Red Deer	18	11	6	1	23	57	38
SAIT	18	11	6	1	23	47	43
U of C	18	10	5	3	23	41	37
MacEwan	18	8	9	1	17	32	43
NAIT	18	2	14	2	6	24	57

MEN'S VOLLEYBALL STANDINGS						
<i>as of January 26, 2008</i>						
<i>Blue Division</i>						
Team	MP	MW	ML	Pts	GW	GL
Mount Royal	20	19	1	38	59	15
Red Deer	20	16	4	32	51	25
SAIT	20	13	7	26	44	35
MacEwan	20	11	9	22	44	34
Briercrest	20	6	14	12	30	45
King's	22	6	16	12	22	55
Grande Prairie	22	1	21	2	22	63

WOMEN'S VOLLEYBALL STANDINGS						
as of January 26, 2008						
Blue Division						
Team	MP	MW	ML	Pts	GW	GL
Mount Royal	20	18	2	36	58	12
Red Deer	20	17	3	34	51	23
MacEwan	20	14	6	28	47	27
Grande Prairie	22	12	10	24	46	38
SAIT	20	6	14	12	26	50
King's	22	4	18	8	27	60
Briercrest	20	1	19	2	14	59

2007-08 BADMINTON STANDINGS		
1st	CUCA	295
2nd	NAIT	249
3rd	MRC	170
4th	RDC	108

CURLING - REGULAR SEASON TEAM RANKINGS				
<i>MEN</i>				
		1st Reg.	2nd Reg.	Total
1st	NAIT	5-1		
2nd	LAKE	5-1		
3rd	OLDS	4-2		
4th	AUG	3-3		
5th	RDC	2-4		
6th	GPRC	1-5		
7th	LC	1-5		
<i>WOMEN</i>				
		1st Reg.	2nd Reg.	Total
1st	LAKE	5-0		
2nd	RDC	3-2		
3rd	GPRC	3-2		
4th	NAIT	2-3		
5th	AUG	1-4		
6th	OLDS	1-4		
<i>MIXED</i>				
		1st Reg.	2nd Reg.	Total
1st	MacEwan	6-0		
2nd	LAKE	5-1		
3rd	NAIT	4-2		
4th	GPRC	4-2		
5th	CUCA	3-3		
6th	LC	3-3		
7th	AUG	1-5		
8th	RDC	1-5		
9th	OLDS	0-6		