



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, January 12, 2009

1. Upcoming Athletic Events:

Home

Queens Hockey

Thursday, January 15 vs. U of C

Queens host at the Red Deer Arena. Puck drops at 7:00 pm.

Kings and Queens Basketball

Friday, January 17 vs. SAIT

Queens start at 6:00pm, Kings to follow at 8:00pm

Kings and Queens Volleyball

Saturday, January 18 vs. SAIT

Queens start at 6:00pm, Kings to follow at 8:00pm

Away

- Kings and Queens Volleyball
 - RDC @ SAIT January 16th. Queens @ 6 PM; Kings to follow
- Queens Hockey:
 - RDC @ U of C January 17th. Puck drops at 7 PM
- Kings and Queens Basketball
 - RDC @ SAIT January 17th. Queens @ 6 PM; Kings to follow



- **Badminton:**
 - Tournament #3 (Individual) at MRC, January 17 & 18

2. Booster Juice RDC Athletes of the Week:

Women: Katie Graves, Volleyball

Hometown: Lacombe, AB
Year/Program: 2nd Yr/Bachelor of Commerce

What a great way to start off the second half of the season! Katie did more than just help the Queens win both matches against a tough Medicine Hat College team; she dominated both teams with offensive and defensive play. She finished the weekend with 30 kills, 32 digs, 1 stuff block, and 1 Player of the Game. In a very tight fourth set on Friday night, Katie was the one the Queens relied on completely, and she delivered with some clutch passing and offense. Great job Katie.

Men: Adam Shaw, Basketball

Hometown: Grande Prairie, AB
Year/Program: 3rd Yr/ Commerce

Adam was one of the very few bright spots for the Kings this past weekend down in Medicine Hat. A co-captain this year, Adam helped the Kings earn a split against a very tough, hard-working Rattler team. His consistency, scoring touch, and ability to take off the ball this past weekend was key in helping the basketball Kings battle for a split. Adam's averages this past weekend were: 9/19 from the field; 6/13 from the free throw line and 2 turnovers.

3. Last Week's Results

Queens Hockey	
Jan 8/09 – Non-Conference Play	Chinese Olympic 2 – RDC 1 (OT)
Jan 10/09	NAIT 5 – RDC 3
Kings Basketball	
Jan 9/09	MHC 61 – RDC 54
Jan 10/09	RDC 80 – MHC 75
Queens Basketball	
Jan 9/09	MHC 70 – RDC 52
Jan 10/09	MHC 53 – RDC 47
Kings Volleyball	
Jan 9/09	MHC 3 – RDC 2 25-18, 20-25, 19-25, 27-25, 17-15
Jan 10/09	MHC 3 – RDC 2 28-26, 23-25, 20-25, 25-23, 15-12



Queens Volleyball	
Jan 9/09	RDC 3 – MHC 1 25-21, 25-21, 22-25, 27-25
Jan 10/09	RDC 3 – MHC 1 25-15, 25-15, 21-25, 25-21
Kings Soccer - RDC vs. Canada Summer Games Squad	
Jan 10/09	CSG 4 – RDC 1 RDC 3 – CSG 2

4. Coaches' Comments

Talbot Walton, Queens Volleyball:

The upcoming weekend versus SAIT is one that can give coach nightmares. The Queens are facing a team that they have shown good success against in past matches, however, SAIT possess one of the most physical players in the league and consistently play very well at home. The Queens will need to serve the ball very well, and disperse their offense from all positions on the floor in order to have the success they need.

Aaron Schulha, Kings Volleyball:

We will try to rebound this weekend against SAIT who is coming up off a sweep over Briercrest this past weekend. We are in Calgary on Friday and back home on Saturday.

Sean Noble, Curling:

Red Deer will be hosting one of the second of the two qualifying bonspiels for ACAC Curling from January 23rd to January 25th at the Red Deer Curling Club. Draws will start at 3:00 Friday afternoon and finish by 3:00 Sunday afternoon. RDC's mixed team is undefeated thus far this season and we look to have them qualify in first place for the Provincials which take place in Vermillion from Feb 28th to March 2nd. The women's team is in the hunt for a playoff berth but they will have to have a good bonspiel in Red Deer. We're hoping "home ice" will prove to be a significant advantage. We would encourage students and faculty to take some time during the weekend and come and support the teams.

Chad Cargill: Opening the second half of the season with the 2nd individual tournament at MRC this weekend. Looking to have a better second half and get ourselves into a good position for the playoffs in early February.

- ACAC Standings attached

About RDC: RDC has served the needs of students and the community for close to half a century. With more than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 20,000 students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

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