



WEEK of November 5, 2007

News Release – RDC Athletics

1. Upcoming Athletic Events:

Home Games

Volleyball vs. MRC – Friday, Nov.9 in *The Lion's Den*

- ◆ *Queens at 6:30 PM; Kings to follow*

Away

Cross-Country Running at Nationals in Grande Prairie

- Nov. 9 & 10

Volleyball

- Nov. 10 @ MRC

2. Booster Juice RDC Athletes of the Week:

Men: Name – Spencer Leiske – Volleyball Kings

Hometown: Lacombe, AB

Year/Program: 2nd Yr/Commerce

Spencer was great out of the middle both nights this past weekend against The King's University College Eagles. On Friday, he put up some very

impressive numbers with 13 kills on 19 attempts and 3 blocks. Saturday, he had 3 kills with 5 blocks and Player of the Game honors.

Women: Name – Grace Gaska & Kaitlyn Chapman – Queens Hockey

Hometown: Calgary, AB & Lloydminster, AB

Year/Program: 1st Yr/DACS and 1st Yr/KNSS

The Queens' goaltending continues to be outstanding. In Thursday's 6-0 win over MacEwan, Grace Gaska recorded her second ACAC league shutout, stopping 21 shots and was named Player of the Game for the second time this year. In Saturday's 3-1 win against MacEwan, Kaitlyn Chapman recorded her fourth straight win, stopping 26 of 27 shots, and was named Player of the Game for the third time this season.

3. Last Week's Results

Queens Hockey	
Nov. 1/07	RDC 6 – MacEwan 0
Nov. 3/07	RDC 3 – MacEwan 1
Kings Basketball	
Nov. 2/07	RDC 82 – MRC 80
Nov. 3/07	MRC 69 – RDC 43
Queens Basketball	
Nov. 2/07	MRC 73 – RDC 46
Nov. 3/07	MRC 69 – RDC 42
Kings Volleyball	
Nov. 2/07	RDC 3 - TKUC 0 (25-20, 25-23, 25-19)
Nov. 3/07	TKUC 0 - RDC 3 (25-22, 25-20, 25-13)
Queens Volleyball	
Nov. 2/07	RDC 3 - TKUC 1 (25-23, 25-14, 19-25, 25-23)
Nov. 3/07	TKUC 0 - RDC 3 (25-22, 25-14, 25-14)

4. Coaches' Comments

Rob Weddell, Queens Hockey

Bye this week

Craig Behan, Kings Basketball

we have a bye week this week...much needed

Talbot Walton, Queens Volleyball

It is that time of the season again; a real chance to see just where the team is at. This upcoming weekend will provide the Queens with their first measuring stick of the season. They take on the Mount Royal Cougars, who have two-thirds of their starting line back. The Cougars are an experienced group who had a good season last year. However, the Queens

feel that they are a stronger team this year and that the gap between the two clubs is quite small. The Queens will look to their ball control to help them with the wins this weekend.

Aaron Schulha, Kings Volleyball

We play Mount Royal this weekend which will be very fun. It will be a matchup of undefeated teams so we will get a chance to see where we are truly at this point in the season. We are here on Friday and in Calgary on Saturday.

Brian Stackhouse, Cross-Country Running

I'm taking 5 Women, ACAC Champions, and 5 Men to CCAA Champs in Grande Prairie this weekend. The women will be medal contenders if everything goes well. Our strongest competition may come from Augustana Women, defending CCAA Champions and a very close second in ACAC. For the past five years, the ACAC Women's Champions have gone on to win the CCAA Championship and we plan to continue this pattern.

FOR FURTHER INFORMATION, CONTACT:

Keith Hansen, Athletic Director
(403) 342-3267 ATTACHMENTS

WOMEN'S HOCKEY STANDINGS

as of November 3, 2007

<i>Team</i>	<i>GP</i>	<i>W</i>	<i>L</i>	<i>OTL</i>	<i>Pts</i>	<i>GF</i>	<i>GA</i>
Red Deer	8	6	1	1	13	26	9
Mount Royal	8	6	1	1	13	18	9
SAIT	8	5	2	1	11	17	18
U of C	8	3	5	0	6	15	21
MacEwan	8	3	5	0	6	13	22
NAIT	8	1	5	2	4	11	21

MEN'S VOLLEYBALL STANDINGS

as of November 3, 2007

Blue Division

Team	MP	MW	ML	Pts	GW	GL
Red Deer	6	6	0	12	18	2
Mount Royal	6	6	0	12	18	2
MacEwan	6	5	1	10	17	8
SAIT	6	5	1	10	16	7
Briercrest	8	2	6	4	10	19
Grande Prairie	8	0	8	0	5	24
King's	8	0	8	0	2	24

WOMEN'S VOLLEYBALL STANDINGS

as of November 3, 2007

Blue Division

Team	MP	MW	ML	Pts	GW	GL
Mount Royal	6	6	0	12	18	1
MacEwan	6	6	0	12	18	5
Red Deer	6	6	0	12	18	5
Grande Prairie	8	4	4	8	16	14
King's	8	1	7	2	8	21
SAIT	6	1	5	2	6	17
Briercrest	8	0	8	0	3	24

MEN'S BASKETBALL STANDINGS

as of November 3, 2007

South Division

<i>Team</i>	<i>G</i>	<i>W</i>	<i>L</i>	<i>Pts</i>	<i>PF</i>	<i>PA</i>
Red Deer	6	5	1	10	397	396
Mount Royal	4	3	1	6	337	239
Lethbridge	4	3	1	6	376	297
Briercrest	6	3	3	4	466	488
SAIT	6	1	5	2	435	491
Medicine Hat	6	1	5	2	364	464

WOMEN'S BASKETBALL STANDINGS

as of November 3, 2007

South Division

Team	G	W	L	Pts	PF	PA
SAIT	6	6	0	12	478	307
Mount Royal	4	4	0	8	274	174
Medicine Hat	6	4	2	8	418	304
Lethbridge	4	2	2	4	354	234
Red Deer	6	0	6	0	272	439
Briercrest	6	0	6	0	212	550

CROSS COUNTRY RUNNING

MEN'S TEAM

1st	AUG
2nd	LCK
3rd	GPRC

MEN

1st	Ed Kangogo (Lethbridge)
2nd	Willy Kimosop (Lethbridge)
3rd	David Ball (Augustana)

WOMEN'S TEAM

1st	RDC
2nd	AUG
3rd	MacEwan

WOMEN

1st	Gladys Kochei (Lethbridge)
2nd	Debbie Querengesser (Red Deer)
3rd	Rachel Lauzon (Red Deer)