



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, February 22, 2010

1. Upcoming Athletics Events – It's Playoff Season!

CURLING - ACAC Conference Championships – Men's & Mixed Teams

- Feb. 26-28 @ Augustana Campus, U of A
- Draw attached

Coach: Eldon Raab: rdccmanager@telus.net; PH: 403.346.3777

BASKETBALL – Kings & Queens – ACAC Quarter Finals

- Game 1 – Thursday, Feb.25 - AWAY
 - Queens at Concordia @ 7:00 PM
 - Kings at MacEwan @ 7:00 PM (*maybe 8 pm*)
- Game 2 – **Friday, Feb.26 – HOME**
 - Queens vs. Concordia @ 6:00 PM
 - Kings vs. MacEwan @ 8:00 PM
- Game 3 (if necessary) – Saturday, Feb.27 – AWAY
 - Queens at Concordia @ 7:00 PM (*maybe 6 pm*)
 - Kings at MacEwan @ 7:00 PM

Kings BB Coach: Craig Behan: craig.behan@rdc.ab.ca; PH: 403.314.2449

Queens BB Coach: Dawn Smyth: dawn.smyth@rdc.ab.ca; PH: 403.356-4857

HOCKEY – Queens vs. NAIT – ACAC Semi-Finals (Best of 5)

- Game 1 – Friday, Feb. 26 - AWAY
 - Queens at NAIT @ 7:00 PM
- Game 2 – **Saturday, Feb. 27 – HOME**
 - Queens vs. NAIT @ 4:15 PM at the Red Deer Arena
- Game 3 – Friday, Mar. 5 – AWAY
 - Queens at NAIT @ 7:00 PM

If Necessary:

- Game 4 – **Saturday, Mar.6 – HOME**
 - Queens vs. NAIT @ 4:15 PM at the Red Deer Arena
- Game 5 – Sunday, Mar. 7 – AWAY
 - Queens at NAIT – time tbc

Coach: Rob Weddell: Robert.weddell@rdc.ab.ca; PH: 403.342.3373



**VOLLEYBALL – Kings & Queens - ACAC Conference Championships
February 26-28, 2010**

- Women hosted by MacEwan (schedule attached)
 - Queens first game is at 3 PM on Friday, Feb. 26 vs. Lakeland
- Men hosted by SAIT (schedule attached)
 - Kings first game is at 1 PM on Friday, Feb. 26 vs. MacEwan

Queens VB Coach: Talbot Walton: talbot.walton@rdc.ab.ca; PH: 403.342.3243

Kings VB Coach: Aaron Schulha: aaron.schulha@rdc.ab.ca; PH: 403.343.4024

2. Moxie’s Classic Grill RDC Athlete of the Week

Men: Lloyd Strickland, Kings Basketball

Hometown: Raymond, AB
Year/Program: 1st Yr / Open Studies

Lloyd returned home this past weekend to play the Lethbridge Kodiaks. He is from the southern Alberta area (Raymond) and has extensive family and friends that came out to support his play. This past weekend he had his best performance of the year. He helped lead the Kings in both games finishing 2-0 in a very difficult basketball environment. As a point guard and only 18, he faces many challenges on the court, such as being the team’s primary ball handler and leading the main floor in general. His Saturday night game was amazing, posting 16 points, 8 assists, and 6 rebounds.

Women: Karla Bourke, Queens Hockey

Hometown: Onoway, AB
Year/Program; 2nd Yr / Bachelor of Science

Karla Bourke is playing her best hockey just in time for play-offs. The Queens have put together 3 solid weekends of play during the month of February to move from 5th to 3rd place for play-offs. Each weekend as the Queens’ level of play increased so did Karla’s. In the final weekend of league play Karla scored RDC’s only goal for in a 1-1 tie with SAIT to secure a play-off spot and Saturday afternoon Karla and her line mates got things started for the Queens, scoring in the opening shift. Karla would go on to score another goal in the 4 to 1 win over SAIT which gave the Queens a 3rd place finish going into play-offs. Karla’s performance this past weekend earned her the Player of the Game award in both games and the 3 goals put her in a 3 way tie for most goals in the league (15 in 19 games played) and 3rd in the league for most points (20 points in 19 games).

3. Last Week’s Results

Basketball Kings vs. Lethbridge College	
Feb. 19 @ Lethbridge	RDC 83 - Lethbridge 78
Feb. 20 @ Lethbridge	RDC 89 - Lethbridge 78
Basketball Queens vs. Lethbridge College	
Feb. 19 @ Lethbridge	RDC 68 - Lethbridge 80
Feb. 20 @ Lethbridge	RDC 80 - Lethbridge 56
Hockey Queens vs. SAIT	
Feb. 18 @ RDC	RDC 1 - SAIT 1
Feb. 20 @ SAIT	RDC 4 - SAIT 1



Coaches' Comments

Craig Behan, Kings Basketball

Playoffs this week vs. MacEwan Griffins. Best of 3 series. Rematch of last year. 2 of the 3 games will be played if required in Edmonton, single game in Red Deer. Winner of the quarter finals will advance to the Final 4 championships at MRU the following week.

Dawn Smyth, Queens Basketball

Queens played Lethbridge Kodiaks this past weekend in Lethbridge

Friday night: Queens played a tough game against the Kodiaks staying with them for the majority of the game and right up to the fourth quarter when they pulled away. Queens lost by 12 with a final score of 80-68. Needing 1 win to clinch the last spot in playoffs the Queens started the game ready to play on Saturday. The posts played well and out rebounded the other team 55-38. Morgan Rauser with 10, Lauren Loyek with 9 and Trudie Lefurgey with 8 rebounds. Third year guard Trudie Lefurgey played well finishing the game with 21 points along with 3 other teammates in double digits.

Queens have clinched the last spot in the ACAC south for play offs.

They will face number 1 in the north, Concordia in a 3 game series. Thursday at 7pm in Edmonton and Friday at 6pm at RDC.

Rob Weddell, Queens Hockey

Queens Hockey has performed well over the last 3 weekends moving from 5th to a 3rd place finish for play-offs. They will meet NAIT in the best of 5 semi-finals. Two weekends ago RDC won both matchups against NAIT 5-0 and 5-3 but had lost the previous 4 games against NAIT. Queens will use the confidence that they have gained in the last third of the season to make up for the home ice advantage that NAIT will have in this series. Game one is Friday at NAIT and game two is Saturday at home this weekend.

Aaron Schulha, Kings Volleyball

The RDC Kings Volleyball Team is competing in the ACAC Conference Championships this weekend at SAIT. The Kings go in as the #1 seed and will face off with MacEwan College in the quarter final Friday afternoon at 1:00pm at Mount Royal University. RDC is going into the Championships with a great deal of confidence riding a 5 match win streak including a weekend sweep over the host SAIT Trojans two weeks ago. The Kings have a 17-3 conference record but will need to be at their best to win the ACAC title and advance to the CCAA National Championship hosted by MacEwan College in March. Come on out and cheer on the Kings in Calgary February 26-28.

Talbot Walton, Queens Volleyball

Queens Volleyball is ready to embark on the final stage of their season. After completing a hectic second half of their regular season, the Queens found themselves alone in first place with a record of 19-1. This record has provided the Queens with the number 1 seed in the Conference Championships, where they will play their first match against Lakeland College. The Queens have played Lakeland only twice in the past year, once at Conference Championships last year in the same match up, and once at a non-conference tournament this past September. Both times the Queens were able to win. Lakeland plays a controlled game with some different offensive looks, making them a tough team to get a good rhythm off of. But the Queens won't be looking to control Lakeland; they will be more focused on their own play. Led by their strengths of serving and defensive ball control, the Queens will try to turn the rhythm against Lakeland and make the Rustlers be the ones who are doing the chasing. The Queens want to be poised, display their courage, and show good emotional control, all in an effort to have a successful weekend. The team has trained hard, been dedicated to work ethic, and is now ready to ignite their play. Go Queens!!

Attachments: ACAC Standings, ACAC Conference Championship Schedules: Curling, Volleyball



– 30 –

About RDC: RDC has served the needs of students and the community for 45 years. With more than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

For additional information, contact:

Gord Inglis, Director of Athletics
Science, Health, Sport & Education
Kinesiology & Sport Studies
403.342.3242