



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, February 8, 2010

1. Upcoming Athletics Events

HOME

- **Volleyball** vs. SAIT
 - Wednesday, Feb. 10 @ 6:00 PM
- **Women's Hockey** vs. NAIT
 - Thursday, Feb. 11 @ 7:00 PM
- **Basketball** vs. Medicine Hat
 - Friday, Feb. 12 @ 6:00 PM
 - Saturday, Feb. 13 @ 1:00 PM

AWAY

- **Women's Hockey** vs. NAIT
 - Friday, Feb. 12 @ 7:00 PM
- **Volleyball** vs. SAIT
 - Saturday, Feb. 13 @ 6:00 PM
- **Badminton @ NAIT**
 - Saturday, Feb. 13 & Sunday, Feb. 14
Tournament #5 - Doubles/Mixed/Team Championship



2. Moxie’s Classic Grill RDC Athlete of the Week

INSTITUTION: RDC	
Female Nominee: Montana Noyes	Sport: Queen’s Hockey
Academic Program / Year / Hometown: 1st year Kinesiology & Sport Studies Student from Onoway, AB	
Date & description of event/game: Thursday Feb 4 @ home, Friday and Saturday at MRU	
<p>Montanna Noyes is a first year Kinesiology student in the Queens Hockey program. Montanna is a very explosive player that creates great offensive opportunities with her speed. On Thursday night Montanna capitalized on her persistent fore-checking and net drives with two goals to lead the Queens in a 3 -1 victory over the first place Mount Royal University Cougars. Montanna is a consistent hard working forward and an excellent penalty killer. She and her line mates applied great pressure in the Mount Royal University’s offensive zone this past weekend providing the Queens important momentum shifts.</p>	

INSTITUTION: RDC	
Male Nominee: Chris Porteus	Sport: Kings Basketball
Academic Program / Year / Hometown: 1st year Hospitality & Tourism student, from Vancouver, BC	
Date & description of event/game:	
<p>Chris Porteus vs Mount Royal University; he scored a total of 43 points and pulled down 19 rebounds in two games. Chris played big minutes for the Kings this past weekend to help RDC attain a 1-1 record vs the defending national champions and 1st place south division leaders. Chris rebounded the ball extremely well and was able to balance his scoring both inside and outside on offence. The RDC Kings are continually improving as a “whole” and are hopeful to be rolling come playoff time.</p>	



3. Last Week's Results

Basketball Kings vs. MRU	
Feb. 5 @ MRU	RDC 77 - MRU 83
Feb. 6 @ RDC	RDC 99 DOT- MRU 92
Basketball Queens vs. MRU	
Feb. 5 @ MRU	RDC 55 - MRU 91
Feb. 6 @ RDC	RDC 56 - MRU 80
Women's Hockey vs. MRU	
Feb. 4 @ RDC	RDC 3 - MRU 1
Feb. 5 @ MRU	RDC 1 - MRU 4
Feb. 6 @ MRU	RDC 1 - MRU 2 OT

4. Coaches' Comments

RDC Queens Volleyball - Upcoming Weekend:

The Queens head into the final week of league play to face the SAIT Trojans. The Trojans have been playing some very good ball as of late. They are an experienced team that can force you into error filled volleyball. The Queens need to play well this week in order to set the stage for their shot at repeating as Provincial Champions.

RDC Kings Basketball

This upcoming weekend the Kings will play host for the entire weekend vs a pesky MHC group.

Queens Hockey:

Queens Hockey will face NAIT Thursday night at home and then Friday on the road. With only 4 games left in the season and the 2nd, 3rd, and 4th play-off position still to be determined the Queens need to continue to be at their best.

About RDC: RDC has served the needs of students and the community for 45 years. With more than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand. For more information on RDC, please visit our website: www.rdc.ab.ca Gord Inglis, Director of Athletics, Science, Health, Sport & Education, Kinesiology & Sport Studies 403.342.3242 Attachments: ACAC Standings