

ACAC Athletes of the Week

January 24 - 30, 2011

Shawn Donnelly NAIT Curling

Shawn skipped his NAIT Ooks Men's Curling Team to a first place finish this past weekend at the Winter ACAC Regional at Olds College.



The team went a perfect 6-0 at the Olds event and sits atop the ACAC overall standings with an 11-1 record. "I knew the guys were good enough to advance to the ACAC Championships in March but I never expected the guys to have the record that they have," said Head Coach Jules Owchar. "They are definitely on a roll and play well together".

Shawn is in his first year of the Industrial Heavy Equipment program at NAIT.

Congratulations Shawn on being named Athlete of the Week!



Lauren Loyek Red Deer College Women's Basketball

Lauren is a first year high achieving nursing student at RDC. In her third year of eligibility Lauren has been producing veteran numbers on the stats board. Her outstanding work ethic has earned Lauren her 4th and 5th double doubles this weekend. Lauren also scored a career high of 26 points on Saturday afternoon.



On Friday Lauren battled with the Queens to stay in the running for playoffs. With a 76-61 loss against Lethbridge College Lauren had 13 rebounds, 15 points and 6 assists. As a captain she was determined to return with her team the next day and play with effort and pride. There was no stopping her as she scored 26 points, ripped down 12 boards and contributed with 7 assists. This led to the Queens' 70-47 victory over LCK and a chance to compete for the ACAC Championship.

Lauren, from Rimbey, AB, is 3rd in the south averaging 9 rebounds a game and is top 12 in scoring, averaging 10 points a game.

Congratulations Lauren on being named Athlete of the Week!

