



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, March 8, 2010

1. We're not sold out!

- We still have a few tables left for the Kings & Queens Scholarship Breakfast featuring guest speaker Mike Babcock on March 16th! For more information, call Carolyn at 403.343.4093.

2. Queens Volleyball is headed to CCAA Nationals March 12-24

- Queens' first game is at 1:00 p.m. March 12 vs. MSVU

The 2010 CCAA Women's National Volleyball Championship features the top eight women's volleyball teams in Canada, seeding in the following order:

1. University of British Columbia-Okanagan
2. **Red Deer College**
3. Collège Francois-Xavier-Garneau
4. Vancouver Island University
5. Humber College
6. Grant MacEwan University
7. Mount Saint Vincent University
8. Cégep de l'Outaouais

Schedule:

Friday March 12th

Game #1 1pm – Red Deer vs. MSVU

Game # 2 3pm – FX Garneau vs. MacEwan

Game # 3 6pm – VIU vs. Humber

Game # 4 8pm – UBC-O vs. Outaouais

Saturday March 13th

Game # 5 1pm – Losers of game 1 & 2

Game # 6 3pm – Losers of game 3 & 4

Game # 7 6pm – Winners of game 1 & 2 (semi-final)

Game # 8 8pm – Winners of game 3 & 4 (semi-final)



Sunday March 14th

- Game # 9 10am – Losers of game 7 & Winners of game 6
- Game # 10 12pm – Losers of game 8 vs. Winners of game 5
- Game # 11 2:30pm – Losers of game 5 & 6 (7th/8th place)
- Game # 12 5pm – Winners of game 9 & 10 (Bronze Medal)
- Game # 13 7pm – Winners of game 7 & 8 (Gold Medal)

For ongoing updates and results: www.canadienvolleyball2010.ca

2. Moxie’s Classic Grill RDC Athlete of the Week

Women: Lindsay, Hogg, Queens Hockey

Program: 4th Yr / Bachelor of Education
Hometown: Lacombe, AB

Queens Hockey’s captain Lindsay Hogg played her last game in a QH jersey this past weekend in a heartbreaking loss in the semi-finals against NAIT. The 4th year defenseman was at the top of her game. She was a solid defender in the defensive zone and provided the Queens with quick transition play that led into the team’s tenacious fore-check. Lindsay’s leadership and the team’s competitive spirit kept battling hard in the NAIT’s offensive zone right into the last seconds of the series to finally break 2 games, 2 periods and 19:52 minutes of scoreless hockey for the Queens. Lindsay and the Queens may have lacked scoring but not heart!

3. Last Week’s Results

Badminton – CCAA National Championships @ NAIT – March 4-6	
Women’s Doubles: Paige Currah & Brianna Berthiaume	6 th Place
Hockey Queens vs. NAIT – Best of 5 Semi-Finals	
March 5 – Game 3 @ NAIT	RDC 0 – NAIT 1
March 6 – Game 4 vs. NAIT at RDC	RDC 1 – NAIT 3 NAIT wins series 3-1

4. Coaches’ Comments

Talbot Walton, Queens Volleyball

The Queens are ready for this! They have been looking forward to returning to the CCAA Women’s National Championship ever since they lost in last year’s semi-final. Having learned that it takes more than just physical play to win at Nationals, the Queens have prepared themselves to be better at playing their ‘style’. They will look to start the tournament off against Mount St. Vincent University. MSVU had a good battle in their conference championship, so they should be a good match up for the Queens. Never to take an opportunity lightly, the Queens are really looking forward to another opportunity at the National tournament.



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About RDC: RDC has served the needs of students and the community for 45 years. With more than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

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