



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, March 1, 2010

1. RDC is proud to announce Gold & Silver at Conference Championships!

- **Queens Volleyball earned GOLD** at the Conference Championships hosted by Grant MacEwan University
 - This is the Queens' second year in a row as ACAC Champions!
 - Queens Volleyball heads to Nationals at Cégep de l'Outaouais (Gatineau, QC) on March 12-14, 2010
- **RDC's Men's Curling earned SILVER** at Conference Championships hosted by Augustana (complete results attached)
 - First Team All Stars: Men's Skip Kalem Hamilton, Men's 2nd Justin Shantz, Mixed Lead Brittney Raab
- **Badminton** - RDC's Women's Doubles represent ACAC at Badminton Nationals hosted by NAIT on March 5 & 6
 - Paige Currah & Brianna Berthiaume have advanced to Nationals as the ACAC host team in place of the NAIT women's double team.

2. Upcoming Athletics Events

HOME

- **Queens Hockey** vs. NAIT – Game 4 of Best of 5
 - Saturday, March 6 @ 4:15 PM

AWAY

- **Queens Hockey** at NAIT
 - Friday, March 5 @ 7:00 PM – Game 3 of Best of 5
 - Sunday, March 7 @ 6:30 PM – Game 5 (if needed)



2. Moxie’s Classic Grill RDC Athlete of the Week

Men: Kalem Hamilton - Curling
 Hometown: Red Deer, AB
 Year/Program 1st Yr/Engineering

Kalem is the Skip of RDC Men’s team. He led his team to a regular season record of 10-1 and into the Gold medal game. (Winning Silver) Kalem is in his rookie season as a skip and was voted by his peers and coaches of the ACAC as the **First Team All Star Skip**, all while maintaining a GPA of 4.00 in engineering. This is truly remarkable!!

Women: Queens Volleyball Team!

They did what they set out to do! Queens Volleyball members wrote a goal on a piece of paper at the beginning of the school year. It read “Win Provincials”! This past weekend they did just that. The Queen repeated as Conference Champions by winning matches against Lakeland College, Grande Prairie College, and Grant MacEwan University. The win guarantees the Queens a spot in the CCAA Women’s Volleyball National Championships at Cégep de l’Outaouais (Gatineau, QC) on March 12-14.

3. Last Week’s Results

Basketball Kings – Quarter Finals	
Feb. 25 @ MacEwan Feb. 26 @ RDC	RDC 56 - MacEwan 67 MacEwan 77 - RDC 62 (MacEwan wins series 2-0)
Basketball Queens – Quarter Finals	
Feb. 25 @ Concordia Feb. 26 @ RDC	RDC 52 - Concordia 80 Concordia 85 - RDC 57 (CUCA wins series 2-0)
Curling – ACAC Conference Championships hosted by Augustana	
Men’s Team Mixed Team	SILVER! (Gold went to GPRC) 4 th Place
Hockey Queens vs. NAIT – Best of 5 Semi-Finals	
Feb. 26 @ NAIT Feb. 27 @ RDC	RDC 4 - NAIT 3 (Triple OT) NAIT 1 - RDC 0 (Series tied 1-1)
Volleyball Kings – Conference Championships hosted by SAIT	
Kings placed 5 th . Conference Champions: SAIT	MacEwan 3 - RDC 1 (25-19, 19-25, 25-23, 25-19) RDC 3 - Lethbridge 0 (28-26, 25-15, 26-24) GPRC 1 - RDC 3 (18-25, 21-25, 25-21, 23-25)
Volleyball Queens – Conference Championships hosted by MacEwan	
Conference Champions!!!	Lakeland 0 - RDC 3 (19-25, 16-25, 19-25) GPRC 1 - RDC 3 (23-25, 25-23, 18-25, 21-25) RDC 3 - MacEwan 0 (25-17, 25-11, 25-21)



3. Coaches' Comments

Eldon Raab, Curling

Mixed team lost in the Bronze Medal game, in extra end 4-5.

Men won Silver, losing the Gold medal game 4-6, to Grande Prairie.

First Team All Stars: Men's Skip Kalem Hamilton, 2nd Justin Shantz, Mixed Lead Brittney Raab

Talbot Walton, Queens Volleyball

They did what they set out to do. Queens volleyball wrote a goal on a piece of paper at the beginning of the school year. It read "Win Provincials"! This past weekend they did just that.

The Queen repeated as Conference Champions by winning matches against Lakeland College, Grande Prairie College, and MacEwan University. The win guarantees the Queens a spot in the CCAA women's volleyball championships at Cégep de l'Outaouais (Gatineau, QC) on March 12-14, 2010. The Queens will be looking to improve on last year's fourth place finish. The experience they gained last year will definitely help them this year as they strive for their final goal.

Attachments: ACAC Curling Championship results.

For up-to-date information on all ACAC playoff action, please go to the ACAC website:

www.acac.ab.ca

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About RDC: RDC has served the needs of students and the community for 45 years. With more than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

For additional information, contact:

Gord Inglis, Director of Athletics
Science, Health, Sport & Education
Kinesiology & Sport Studies
403.342.3242