



# Media Release

*For Immediate Release*

## RDC ATHLETICS UPDATE

Red Deer, January 10, 2011

### 1. Upcoming Athletics Events

#### HOME

- **Hockey Queens vs. GMU**
  - Thursday, January 13 @ 7 PM
- **Volleyball vs. MHC**
  - Friday, January 14 @ 6 PM
  - Saturday, January 15 @ 1 PM  
(Queens start time; Kings to follow)

#### AWAY

- **Hockey Queens vs. GMU**
  - Friday, January 14 @ 8 PM
- **Basketball**
  - vs. NAIT, Friday, January 14 @ 8 PM
  - vs. GPRC, Saturday, January 15 @ 8 PM  
(Queens start time; Kings to follow)
- **Badminton (Individual) @ MRU**
  - Saturday & Sunday, January 15 & 16
- **Curling – Women’s Team (Non-conference)**
  - Sylvan Lake Ladies Open Tournament January 14-16

### 2. Boston Pizza RDC Athlete of the Week

**Women: Jessica Abt, Queens Hockey**

Hometown: Bentley, AB  
Year/Program: 2<sup>nd</sup> Yr/ KNSS

Jessica Abt is a second-year player who has demonstrated excellent leadership and consistent play throughout the season. In this past weekend’s games Jessica assisted on the Queens only goal and was selected as the game MVP in the Queens 4 to 1 loss against MRU.



### 3. Last Week's Results

<b>Queens Hockey</b>	
Jan. 6 vs. MRU	<b>MRU 5 - RDC 0</b>
Jan. 7 vs. MRU	<b>MRU 4 - RDC 1</b>
<b>Basketball – Kings Christmas Tournament hosted by AUC</b>	
Dec. 28 vs. TKUC	<b>RDC 98 – TKUC 53</b>
Dec. 29 vs. AUC	<b>RDC 87 – AUC 77</b>
Dec. 30 vs. St. Mary's	<b>RDC 87 – St. Mary's 65</b>
<b>Volleyball – Kings at MRU Tournament – Champions!</b>	
Jan. 2 vs. Algonquin	<b>RDC 3 – Algonquin 1 (15-25,22-25,25-23,16-25)</b>
Jan. 3 vs. Limoilou	<b>RDC 3 – Limoilou 0 (27-25, 27-25, 25-17)</b>
Jan. 4 vs. SAIT	<b>RDC 3 – SAIT 1 (14-25,25-16,21-25,14-25)</b>
Jan. 4 vs. Briercrest	<b>RDC 2 – Briercrest 1 (25-17, 23-25, 25-23)</b>

### 4. Coaches Comments

Talbot Walton, Queens Volleyball

After a good break over December which included a training / competition trip to Hawaii, the Queens are ready to get started again. We are starting off against a strong Medicine Hat team that has some good success in the first half of the season. The Queens have made some changes since the beginning of December and are looking forward to seeing if those changes will produce the results they are looking for.

Aaron Schulha, Kings Volleyball

KVB will start its second half at home vs Medicine Hat. After a very good showing at the MRU tournament over the break, the Kings have a few key injuries that they will have to overcome in order to get an ideal result against an always game, Rattlers team.

Dawn Smyth, Queens Basketball

This week we are travelling to Edmonton to play NAIT on Friday and up to Grande Prairie on Saturday. This is our first league weekend back.

Queens have just returned from a training camp in Phoenix Arizona from Dec 30 - Jan 6. Stephanie Tremblay is a new addition to our team. She is a 4th year player that played 3 years of soccer at RDC and 1 year of basketball at NAIT.

Rob Weddell, Queens Hockey

Queens Hockey will face-off against GMU this week. Home Thursday night and away Friday night. Two wins will bring the Queens within 2 points of the fourth place Griffins and keep the Queens drive to make play-offs alive.

Attached: ACAC Standings

**About RDC:** Red Deer College has served the needs of students and the community for more than 45 years. With greater than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: [www.rdc.ab.ca](http://www.rdc.ab.ca)



**For additional information, contact:**

Keith Hansen, Director of Athletics  
Science, Health, Sport & Education  
Kinesiology & Sport Studies  
403.342.3267