



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, December 6, 2010

1. Upcoming Athletics Events

First semester ACAC league play is wrapped up. The last day of classes is December 7, after which the student athletes will be tackling exams. Over the Christmas break, a few of our teams are travelling to participate in tournaments:

| | |
|---------------------------|--|
| Kings Basketball: | Augustana Vikings Tournament Dec. 28-30 |
| Queens Basketball: | Travel to Phoenix Dec. 30 for a week of training camp and exhibition matches |
| Kings Volleyball: | MRU tournament Jan.2-4 |
| Queens Volleyball: | Tournament in Oahu, Hawaii Dec. 27 – Jan. 5 |

2. Boston Pizza RDC Athlete of the Week

Men: Boston Maris, Volleyball

Hometown: Edson, AB
Year/Program: 2nd Yr / Science

Boston did a great job in neutralizing a potent SAIT middle attack during a weekend sweep of the Trojans. On Friday night he recorded 4 stuff blocks but also had many important slow-downs in that game. He also recorded 5 key digs and 2 kills in the 3-0 victory, and received Player of the Match honors for his efforts. On Saturday at RDC, Boston once again recorded 4 stuff blocks and 5 kills and 1 dig. Congratulations, Boston!

Women: Kayla Parkins, Curling

Hometown: Crowsnest Pass, AB
Year/Program: 2nd Yr / Social Work

Kayla is the third on the RDC Mixed Curling Team. Kayla, the only veteran on the team, made great shot after great shot at the Fall Regional Bonselpiel this weekend to lead the mixed team to a 2 and 3 record against some very good competition. The Mixed team is currently in fourth spot; the top four teams after the Winter Regional bonselpiel qualify for provincials. Congratulations, Kayla!



3. Last Week's Results

| | |
|---|--|
| Curling Fall Regional – Dec 3-5 @ NAIT – complete results attached | |
| Women's Team | 4 and 3; tied for 3 rd place |
| Men's Team | 2 and 4; 5 th place |
| Mixed Team | 2 and 3; 4 th place |
| Kings Volleyball | |
| Dec. 3 vs. SAIT | RDC 3 – SAIT 0 (25-19, 25-19, 25-22) |
| Dec. 4 vs. SAIT | RDC 3 – SAIT 1 (13-25, 22-25, 25-20, 18-25) |
| Queens Volleyball | |
| Dec. 3 vs. SAIT | RDC 0 – SAIT 3 (18-25, 17-25, 21-25) |
| Dec. 4 vs. SAIT | RDC 3 – LCR 0 (21-25, 17-25, 22-25) |

4. Coaches Comments

Brad Hamilton, Curling

The college curling season began on the Dec. 3, 4 and 5 weekend with the Fall Regional Bonspiel at the Avonair Curling Club in Edmonton. The RDC women were 4-2 and are tied for third, the mixed team was 2-3 and are in fourth and the men were 2-4 and are in fifth. The Winter Regional Bonspiel is January 28, 29 and 30 in Olds. The top four teams in each category after this weekend qualify for provincials. All three teams are in a good position to make a run for provincials.

Talbot Walton, Queens Volleyball

Glad to be finished with a 5-5 record, the Queens are now looking forward to the December break. Winning the last match against SAIT will give the Queens a positive feeling for the next month. In the upcoming month the Queens will shift their focus from volleyball, back to school, and then volleyball again at the end of the month. From December 27th to January 5th the Queens will be training and competing in Oahu, Hawaii against 3 other western Canadian Colleges. It will definitely be a highlight for the team.

Attached: ACAC Curling Bonspiel Results; ACAC Standings, CCAA Rankings

About RDC: Red Deer College has served the needs of students and the community for more than 45 years. With greater than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

For additional information, contact:

Keith Hansen, Director of Athletics
Science, Health, Sport & Education
Kinesiology & Sport Studies
403.342.3267