



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, October 25, 2010

1. NEWS

- 4 RDC student athletes named to ACAC All-Conference Soccer Teams!
 - Goaltender Brad Hughes and forward Joseph Ziebart of the Kings
 - Midfielder Julie Farmer and defender Amber Regnier of the Queens
- *ACAC News Releases attached*

2. Upcoming Athletics Events

HOME

- **Hockey Queens** vs. GMU Thursday, Oct. 28, 7pm @ Red Deer Arena
- **Basketball**
 - vs. MHC Friday, Oct. 29nd @ 6pm
 - vs. MHC Saturday, Oct. 30th @ 1pm(Queens start time; Kings to follow)

AWAY

- **Hockey Queens** vs. GMU Saturday, Oct. 30, 8pm @ Londonderry Arena
- **Cross Country Running** ACAC Championships Saturday, October 30 @ GMU

3. Boston Pizza RDC Athlete of the Week

Men: Sean Tuff, Volleyball

Hometown: Red Deer, AB
Year/Program: 1st Yr / Science

Sean continued his strong play for the Kings Volleyball team during a weekend split with the Lethbridge Kodiaks. In two 5-set matches, Sean was a force at the net, recording 20 kills and a hitting efficiency of over 65%. He also had 6 stuff blocks and 2 services aces, and was awarded Player of the Game in Friday's match.



Women: Lisa Ivanics

Hometown: Foremost, AB
 Year/Program: 2nd Yr / Business

Lisa led the RDC Queens Basketball team to a weekend sweep of Briercrest College with a total of 51 points, 11 rebounds, and 8 steals. In Friday's game she finished at the free throw line 9-11. In Saturday's game she shot higher than 50% from the field and 60% from the 3-point line. She was awarded Player of the Game both nights.

4. Last Week's Results

Queens Soccer ACAC Championships – eliminated after 1st game	
Oct. 22 vs. NAIT	RDC 0 – NAIT 3
Kings Volleyball	
Oct. 22 vs. LCK	LCK 3 – RDC 2 <i>(12-25 26-24 18-25 25-20 15-9)</i>
Oct. 23 vs. LCK	LCK 2 - RDC 3 <i>(25-23 25-19 14-25 22-25 11-15)</i>
Queens Volleyball	
Oct. 22 vs. LCK	LCK 0 – RDC 3 <i>(18-25, 19-25, 20-25)</i>
Oct. 23 vs. LCK	LCK 0 – RDC 3 <i>(20-25, 21-25, 23-25)</i>
Kings Basketball	
Oct. 22 vs. BC	RDC 91 – BC 90
Oct. 23 vs. BC	RDC 96 – BC 69
Queens Basketball	
Oct. 22 vs. BC	RDC 62 – BC 57
Oct. 23 vs. BC	RDC 51 – BC 46
Queens Hockey	
Oct. 21 vs. NAIT	RDC 0 – NAIT 7
Oct. 23 vs. NAIT	RDC 1 – NAIT 3

5. Coaches' Comments

Robert Weddell, Queens Hockey

QH is going through growing pains but they are growing. In the past two weekends the Queens struggled at home but then bounced back to play well on the road. This week the Queens will face GMU who they saw in the preseason which will help to ease the nerves of the young team. Queens are looking to continue their improvement and earn a home win.

Dawn Smyth, Queens Basketball

The Queens swept Briercrest this weekend in Caronport, SK for the league opener. On Friday the Queens beat the clippers 62-57. Lisa Ivanics scored 20 points and Katlyn Olsen scored 17 points. Lauren added 8 boards to the win. Lisa was awarded player of the game. The game was tied with a 1:14 left in the fourth. Katlyn hit a 3 to go up and then the queens defended the basket. Katlyn was fouled with a few seconds left on the clock and hit both free throws to go up 5 and wrap up the game.



Saturday the queens took their second league win against the clippers 51-46. Lisa Ivanics added 31 of the 51 points with 7 rebounds and 5 steals. She was awarded the player of the game.

This week the Queens have their home opener against MHC Friday at 6pm and Saturday 1pm
Talbot Walton, Queens Volleyball

Bye weekend

Aaron Schulha, Kings Volleyball

KVB has a bye this weekend and then a home at home with Augustana on Nov. 5/6.

Stefan Labrecque, Kings Basketball

This weekend we open up at home vs. MHC. This weekend is important as we need to build off the BC road trip and defend home court. MHC spilt this past weekend with MRC so they will be playing with much confidence and looking to repeat what they did vs.MRC.

Brian Stackhouse, Cross Country Running

This weekend XRunning heads to ACAC Championships hosted by Grant MacEwan University.

Attachments: ACAC Standings, CCAA Women's VB Rankings, ACAC News Releases

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About RDC: Red Deer College has served the needs of students and the community for more than 45 years. With greater than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

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