



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, November 29, 2010

1. Upcoming Athletics Events

HOME

- **Volleyball**
 - vs. SAIT Friday, Dec. 3rd 6pm
(Queens start time; Kings to follow)

AWAY

- **Curling** Fall Regional @ NAIT, Dec. 3-5th (Draw attached)
- **Volleyball**
 - vs. SAIT Saturday Dec. 4th, 6pm @ SAIT
(Queens start time; Kings to follow)

2. Boston Pizza RDC Athlete of the Week

Men: Taylor Hunt

Hometown: Brooklin, ON
Year/Program: 3rd Yr / Kinesiology

Taylor received Player of the Match Honors on Friday and could very well have received it again on Saturday. He was relied upon heavily to step up in the absence of Darcee Froese who is out due to a shoulder injury. We asked Taylor to change positions to the right side and he was extremely impressive in a weekend sweep of the Lakeland Rustlers. In a weekend where the Kings did not play their best volleyball, Taylor carried the team on his back and dominated play on both days. His Friday totals in 4 sets were 29 kills, 2 blocks, 3 digs and 4 service aces. His Saturday totals included 22 kills, 7 digs and 4 aces. On the weekend he had 51 kills, 2 blocks, 10 digs and 8 aces in 8 sets of play.

Women: Lauren Loyek

Hometown: Rimbey, AB
Year/Program: 3rd Yr/Nursing



Lauren is the only 3rd year Queen and is taking charge for the Queens Basketball team in leadership and on the court as they battle through injuries. She was awarded player of the game both Friday and Saturday nights (5th consecutive award) for her hard work on the floor as the Queens battled against MRU. On Friday at home Lauren had 7 boards and 13 points in the game. The Queens lost the game 45-55 however Lauren worked hard for 34 minutes to allow the Queens to be within 6 in the 4th quarter. At Mount Royal on Saturday Lauren again played 35 minutes to achieve her 3rd double double this season. She finished with a career high of 17 points and added 11 rebounds. The Queens were within 4 with 4 minutes to go but lost the game 53-72. Lauren is 6th in the south in scoring, averaging 9 pts/game.

3. Last Week's Results

Queens Hockey	
Nov. 25 vs. NAIT	RDC 1 – NAIT 2
Nov. 26 vs. NAIT	RDC 2 – NAIT 6
Kings Basketball	
Nov.26 vs. MRU	RDC 58 – MRU 81
Nov.27 vs. MRU	RDC 67 – MRU 89
Queens Basketball	
Nov.26 vs. MRU	RDC 45 – MRU 55
Nov.27 vs. MRU	RDC 53 – MRU 72
Kings Volleyball	
Nov. 26 vs. LCR	RDC 3 – LCR 1 (23-25, 25-14, 25-16, 25-17)
Nov. 27 vs. LCR	RDC 3 – LCR 1 (27-29, 25-18 25-20, 25-15)
Queens Volleyball	
Nov. 26 vs. LCR	RDC 2 – LCR 3 (12-25, 21-25, 27-25, 26-24, 5-15)
Nov. 27 vs. LCR	RDC 0 – LCR 3 (21-25, 21-25, 21-25)

4. Coaches' Comments

Rob Weddell, Queens Hockey:

We have Prospects Camp Thursday night, 6:30 – 9:30 pm at the Red Deer Arena, with 8 out-of-province and 4 in-province attending.

Talbot Walton, Queens Volleyball:

The team needs to start playing better and will be in tough against SAIT. SAIT is coming off 2 wins versus Med Hat, so the Queens will need to find their confidence this week in practice. Look for the Queens to be better at passing and serving, which should allow them to be more consistent throughout.

Aaron Schulha, Kings Volleyball

We have a home and home with SAIT which will be our toughest matches of the first semester.

Dawn Smyth, Queens Basketball:

Now on our winter break until next semester. The Queens will be travelling to Phoenix for their winter training camp on Dec 30th until Jan 6th.

Brad Hamilton, Curling

The men have 7 teams in their division. The defending Gold medalists from Grande Prairie are back. Our men should be very competitive-we expect them to challenge for gold. The women have 9 teams in their division. Our women's team is strong and expected to challenge for a medal. We don't know too much about the competition yet.



The mixed team has 6 teams in their division. The mixed team division is usually quite competitive and our team will have to curl well to qualify for provincials. The top 4 teams in each division after the two round robins qualify for provincials.

Brian Stackhouse, Cross-Country Running

The Red Deer Runners Bursary Fund covered the air fare for eight young Central Alberta runners to compete in the Athletics Canada Cross Country Championships Sat., Nov. 27 in Guelph, Ontario.

Results: **Jodi Sanguin**, age 21, placed 18th in the Senior Women's 7 km race in a time of :52.4. Winner was Kate Harrison in 23:43.5

Brooke Willson, age 19, placed 137th in the Junior women's 5 km race in 20:53.2. Winner was Victoria Coates in 17:42.0

Six young men competed in the Junior men's 8 km race: Kieren McDonald, 120th, 27:50.7; Derrick Evans, 132nd, 28:05.0; Roman Justinen, 136th, 28:09.2; Tom Wunsch, 158th, 29:01.9; Adrian Christ, 161st, 29:04.1; Jon Fuller, 187th, 30:54.5. Winner was Ross Proudfoot in 24:27.7.

We didn't have any entries in the Senior men's 10 km race.

Junior races are for runners age 19 and younger, Senior for runners age 20 and older. The top seven Canadians in each of the four races will compete on Canadian teams in the North American XC Championships in Trinidad Tobago and in the IAAF World XC Championships in Spain. The level of competition was high and it was an excellent opportunity for this group of young runners to experience it. All eight ran well and six of the eight ran personal best performances for their respective Cross Country distances. Jodi, Brooke, and Jon are RDC students. Roman is a grade 12 student at West Central High School in Rocky Mountain House. Kieren, Derrick, Tom, and Adrian are Hunting Hills High School students.

Complete results are available on the Athletics Canada web site: www.athletics.ca.

Attachments:

ACAC Curling Bonspiel Draw

ACAC Standings

CCAA Rankings

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About RDC: Red Deer College has served the needs of students and the community for more than 45 years. With greater than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

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