



**MOXIE'S
CLASSIC
GRILL**



alberta colleges
athletic conference



RDC Athletes of the Week

January 4 - 10, 2010

The **MOXIES CLASSIC GRILL** Female Athlete of the Week

Katie Graves - Queens Volleyball

Hometown: Lacombe, AB

Year/Program: 3rd Year/ Commerce

In order to win fight matches, every team needs that player who can make important plays at important times. Katie was that player this past weekend in two fight matches vs. GPRC. On Friday, Katie provided the offense the Queens needed, and on Saturday helped spark the team with some amazing defensive play. She finished the weekend with 12 kills, 8 blocks, 18 defensive digs, and 3 service aces. A very good performance versus a very good team.



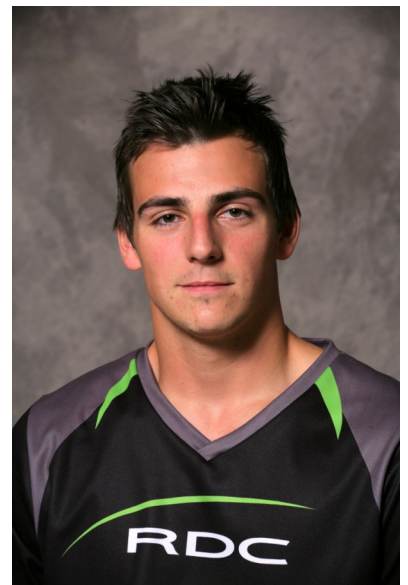
The **MOXIES CLASSIC GRILL** Male Athlete of the Week

Mitch Irvine - Kings Volleyball

Hometown: Red Deer, AB

Year/Program: 2nd Year / Education

Mitch Irvine had a huge weekend for the Kings, receiving "Player of the Match" honours on Friday and following that up with another dominant performance on Saturday afternoon in Grande Prairie. Mitch was a big part of the Kings weekend sweep over a tough Grande Prairie Wolves team. Mitch's Friday night totals included: 21 kills, 4 service aces, 4 stuff blocks, and 6 digs in a 4 set victory. He came close to repeating those numbers on Saturday with: 18 kills, 3 aces, 2 stuff blocks and 9 digs in another 4 set victory. It is nice to have Mitchell back healthy and playing the way that he is capable.



RDC Athletics