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RDC Athletes of the Week

Oct 4 - October 10, 2010

The BOSTON PIZZA Female Athlete of the Week

Lauren Bowman - RDC Queens Soccer

Hometown: Red Deer, AB

Year/Program: 3rd Yr / Legal Assistant

Lauren played an amazing brace of matches this weekend and had to deal with two of the ACAC Southern Division's most direct and quickest attacks. Lauren covered her colleagues unbelievably well and gave a master class in simple efficient high pressure defending. On numerous occasions when the opposition thought that they had breached the back-line Lauren read the play and snuffed out the danger. Lauren has shown a large degree of improvement in her appreciation of the sport and her role within the team this year and this weekend illustrated just what a key performer Lauren has become on the field of play.



The BOSTON PIZZA Male Athlete of the Week

Connor Kiddey - RDC Kings Soccer

Hometown: Daysland, AB

Year/Program: 3rd Year / Kinesiology

Connor (defender) had a fantastic game in the 4-1 win over Lethbridge College on Sunday showing great poise and composure on the ball. The win puts Kings Soccer in a tie for 3rd place in the South.



RDC Athletics