



Media Release

For Immediate Release

RDC ATHLETICS UPDATE

Red Deer, March 7th, 2011

1. Upcoming Athletics Events

KINGS VOLLEYBALL travels to **CCAA National Championships** at Cégep de Sherbrooke, March 9 -12

- First game Thursday, March 10th @ 2:00pm vs. Humber College
- CCAA Volleyball Nationals link:

<http://www.ccaa.ca/web/index.php/en/component/content/article/41-front-scroller-news/679-mens-volleyball-heads-to-cegep-de-sherbrooke>

2. Boston Pizza RDC Athlete of the Week

Men:

Men's Curling Team:

**Skip: Evan Asmussen, Third: Dawson Abraham,
Second: David Senft, Lead: Matt Brassard**

The RDC Men's Curling Team went into ACAC conference championships ranked fourth and played unbelievably all weekend, bringing home the **Gold** medal! They were very focused and determined. Congratulations, Men's Curling!

Women:

Miranda Andreas – Mixed Curling Team

Hometown: Lancer, SK
Year/Program: 1st Yr/Psychology

Miranda is the lead on the Mixed team that won the Bronze medal at ACAC conference championships. The mixed team went into to the championships ranked fourth and played great all weekend to come out with the bronze medal. Miranda curled great and was a great team leader. Miranda is very positive and keeps the team focused and upbeat.

3. Last Week's Results

• **Curling**

- Men's Curling earned the Gold medal at ACAC Conference Championships March 4-6
- Mixed Curling earned the Bronze medal at ACAC Conference Championships March 4-6



- Full results: <http://www.acac.ab.ca/pages/curling.php>
- **Badminton** – Keelan Stefanik and Mary Smith-Persson represented RDC and the ACAC at Nationals this past weekend in Mixed Doubles competition. They came in 5th. For full results: <http://www.ccaabadminton2011.ca/index.php/en/schedulerevents/mixed-doubles>

4. Coaches' Comments

Aaron Schulha, Volleyball:

The Red Deer College Kings Volleyball Team is very much looking forward to the CCAA National Championships in Sherbrooke, QC. The Kings finished 2nd in the extremely tight ACAC conference and they go into Nationals ranked 4th. Their first match will be against the OCAA Champion Humber Hawks (#5) at 2:00pm on Thursday, March 10th. The Kings are looking forward to the opportunity to represent Red Deer College and the ACAC at the CCAA Championships. They are going in quietly confident and ready to make some noise.

– 30 –

About RDC: Red Deer College has served the needs of students and the community for more than 45 years. With greater than 75 programs to choose from, we pride ourselves on providing a practical education, in a genuine and sustainable learning environment. Our 7,800 full-time and part-time credit students and more than 13,000 continuing education students are at the core of everything we do. RDC – when you get here you understand.

For more information on RDC, please visit our website: www.rdc.ab.ca

For additional information, contact:

Keith Hansen, Director of Athletics
Science, Health, Sport & Education
Kinesiology & Sport Studies
403.342.3267