

# RDC Athletics First Half Re-Cap

December 12, 2008



RDC Athletics

Keith Hansen  
Director of Athletics

**KINGS**  
**QUEENS**

## Mark your Calendars!!

BMO  Bank of Montreal

Presents the 6<sup>th</sup> Annual  
RDC Kings & Queens Scholarship Breakfast

Featuring

Henry (Gizmo) Williams

Wednesday, March 25, 2009

7:30 AM

Red Deer Lodge

*For further information on sponsorship or purchasing tickets, please  
call 403 343 4093*

### Our Teams

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RDC  
BADMINTON

The RDC Badminton team's season is very fresh, having competed in only two tournaments thus far. The Kings/Queens finished the first half of the season with 77 points, behind the NAIT Oaks (458 points), Concordia thunder (308 points), and the Mt Royal Cougars (240 points). RDC is proud to announce that we will be hosting the ACAC Badminton Doubles/Mixed Team Conference Championship February 14-15.



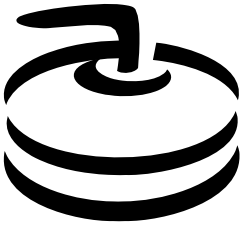
RDC  
CURLING

Red Deer College Curling team consists of three teams, Men's, Woman's and Mixed. The first tournament of the young ACAC curling season started off on November 14 – 16 hosted by MacEwan at the Shamrock Curling club in Edmonton.

In the Mixed portion of the tournament, RDC was the only team to go undefeated. The team won six straight games including two of which went to extra ends. The closest competition had only 3 wins which means that 6 wins will qualify them for provincials without winning a single game in the next bonspiel, which is highly unlikely. They have effectively qualified for conference playoffs before the second bonspiel even starts! Not only were they the only undefeated team in the Mixed division of the Bonspiel, they were the only undefeated team in the entire tournament.

### Next Home Games

- ♦ Jan. 9 & 10  
VB vs. MHC
- ♦ Jan. 15  
QH vs. U of C
- ♦ Jan. 16  
BB vs. SAIT
- ♦ Jan. 23-25  
Curling Bonspiel



In the men's division, it was a tough weekend for the RDC squad. They finished with a record of 0-7, but look to improve in time for the next bonspiel.

The women's side should prove to be a tight race, with teams battling all season long. RDC finished their first bonspiel together with a respectable 3-4 record. The woman's division is probably the closest, as any team is capable of winning any game.

All the teams are looking forward to the *next regional competition that will be hosted by Red Deer on the Jan 23 - 25th weekend at the Red Deer Curling Club*. The top 4 teams in each division, with the best combined results from the two regionals, will go on to the conference championships hosted by Lakeland February 27th to March 1st in Vermilion.

Comments from Curling Head Coach, Sean Noble:

Mixed – This is a very strong team with players who have significant levels of Junior curling experience. They are undefeated so far this season and I believe they have the mettle to take the ACAC Conference gold medal. For their sake it is a shame there is no National event for college curling.

Roster: Tyler Bennett, Jen Roth, Dustin Vikse & Jilaine Erichson.

Men – This team is not strong this year but they continue to improve. The players are dedicated and there is good team spirit. I have challenged them to strive for .500 in the January bonspiel. I do not anticipate they will qualify for the Conference finals.

Roster: Justin Shantz, Blair Smook, Dallas Johnson & Travis Darling.

Women – The women's team is coming along nicely. They are still in the thick of the chase for a spot in the Conference playoffs set for February 27 through March 1st in Vermillion. They will need an excellent bonspiel in Red Deer in January to reach this goal.

Roster: Dallas Luschyk, Mel Carbonneau, Sierra Laing, Savannah Melnyk & Shaina Powell.

We have some very exciting new players this year, notably, Jen Roth, Dallas Luschyk, Jilaine Erichson and Melanie Charbonneau. These women come with a wealth of Junior Curling experience. We have three players returning from previous teams in Tyler Bennett, Blair Smook and Travis Darling. These players add dedication and experience to our teams. I'm very excited about the prospects for next year as we anticipate having several players from this year's team planning on being back for the next season.

*Success doesn't  
Come to you  
.....  
You go to it*



The RDC Kings Basketball Team sits on top of the ACAC South Division standings, with a 9 win and 1 loss record (Tied for 1<sup>st</sup> place with the Mount Royal Cougars). They began their year competing in the Sandman Hotel Fall Royalty Classic, the annual exhibition pre-season tournament hosted at RDC and Lindsay Thurber, September 25-27<sup>th</sup>. The Kings went 2 for 3 in the tournament, losing to Lakeland 91-87, but rebounding back against Grande Prairie and MacEwan, winning 86-57 and 86-67 respectively. On October 24<sup>th</sup> and 25<sup>th</sup>, The Kings began their regular season with a bang, sweeping SAIT their first weekend of play (80-69 and 84-52), and have not looked back. The Kings only blemish in the first half of regular season play came on Halloween against Mount Royal, losing a heart breaker 57-55 in the Cougars Gym. RDC bounced back the next night however, with a 73-64 win at home.

The remainder of the Kings first half looked as follows:

November 7, 08 – **RDC 96** – MHC 89  
 November 8, 08 – **RDC 95** – MHC 72  
 November 21, 08 – **RDC 79** – LC 71  
 November 22, 08 – **RDC 84** – LC 74  
 November 28, 08 – **RDC 79** – BC 47  
 November 29, 08 – **RDC 98** – BC 28

The RDC Kings Basketball has a number of outstanding players on their roster this year. 3<sup>rd</sup> year Randy Davis is leading the league in total points scored with 179, and is in a very close second in points per game with 17.9 (first place is 18ppg). 5<sup>th</sup> year player Billy McNutt is second in total points scored with 168 and third in points per game with 16.8. McNutt is also on the leader boards in rebounds (1<sup>st</sup> place with 152), and blocks (1<sup>st</sup> place with 27). RDC 3<sup>rd</sup> year player Adam Shaw is one of the league leaders in steals, with a total of 20 in only ten games played.



Comments from Kings Basketball Head Coach, Craig Behan:

Obviously we have enjoyed a pretty successful first half of the year and currently occupy first place in the south and #4 in the CCAA. Over Christmas we will be travelling down to Spokane to play a couple NCAA exhibition games vs. Whitworth and Wennatchee Valley. We regroup on the 2<sup>nd</sup> of January and play MacEwan in a nonconference game prior to opening up the second half of the year at MHC. We will be looking to improve over the break and are hopeful that we can continue our success in 2009. This is a tough ACAC league this year and playoffs will be very competitive, we want to be certain that we put ourselves in great position to advance a long way into the post season and get to nationals.



After a less than ideal first half, Queens Basketball is looking to improve during the next semester of play. RDC's women's basketball team has totalled up 9 losses so far, while only posting 1 win since the season started in October. However, the Queens managed to win their last game of the first half, downing the Briercrest Clippers 60-52, after losing to the Clippers the night before, in a 53-51 nail biter. Cherish Esau was a large factor in the Queens' win as she was selected Player of the Game, draining 17 points, while earning 2 steals and 4 rebounds. Ending the first half of play on a high note, the Queens will be looking to post a few more wins when the season starts up again in January. The RDC Queens will be travelling to Havana Cuba Dec 27-Jan 5<sup>th</sup> for their winter training camp, basketball clinic and exhibition games.



The Queens Hockey team began their season on October 16<sup>th</sup> with a 5-2 loss to the University of Calgary, and followed it up with another loss, getting shut out 1-0, two nights later on the 18<sup>th</sup> of October. However, the Queens turned it around quickly, and have been making a charge to compete for the top two positions in the ACAC standings. Since getting swept their opening weekend by the Dino's, the RDC Queens team finished the rest of the first half with a 6 and 2 record. In fact, the Queens are currently riding a 5 game winning streak.

The Queens Hockey team currently has four players in the top 15 in scoring, more than any other team in the ACAC. Karla Bourke is leading the Queens in scoring with 11 points (5 goals, 6 assists), and is 5<sup>th</sup> in ACAC scoring. Chantal Froehler (9pts), Charlee Mappin (8pts), and Ashley Blaquiere (8pts) are also in the ACAC top 15 scorers.

The Queens penalty kill is rated second in the league, stopping opponent's power plays 93.5% of the time. Even more impressive is the Queens #1 rated power play, putting the puck in the net 8 times so far this season with the extra attacker.

RDC also has the luxury of having two extraordinary goaltenders. Grace Gaska and Kaitlyn Chapman are both excellent between the pipes rating in the league's top 4 in goals against average. Also, Gaska is #1 in save percentage (95.3%) and Chapman is #3 (91.2).

With an offence this balanced and potent, the ability to play fierce defence, and having two solid goaltenders, it's easy to understand why the Queens are in the hunt for the top spot in the ACAC this season. The second half certainly looks promising.



Comments from Golf Head Coach, Scott Bergdahl:

The 2008 season for both the Kings and Queens Golf teams proved to be a success. The ladies team led the way by placing first at the regional and then pulling a bronze medal at both the Conference and National Championships. This is a first for the Queens and with half the team returning in 2009, I look forward to another strong season. The Kings Golf team had the most successful season to date. It started at the Regionals held at Goose Hummock where the men finished second and qualified to play at Conference Championships. Jordan Krulicki finished in first place firing a 73 to lead the field by 5 strokes. The men finished fourth overall at the Conference championships and 11th at Nationals this season. Many of our men's players fired personal bests at the Nationals in Charlottetown, PEI with Jordan once again leading the way by placing 10<sup>th</sup> overall in the nation.



RDC Men's Soccer had a bit of a disappointing season, finishing winless in 10 games. However, there were some bright spots this year. Goal Keeper Bryan Klaus is in the league's top three in minutes played with 900 on the season, and is on the league leader list in save percentage. Due to his efforts this season, Bryan earned a well deserved ACAC all conference award, the only RDC men's soccer player to do so. Congrats Bryan!

Comments from Kings Soccer Head Coach, Steve Fullarton:

The RDC Kings Soccer team had another poor season losing all ten games. I knew going into the season it was going to be very tough having only taken over the coaching position in June. Apart from possibly three games, the players were very competitive and I could not fault the effort and enthusiasm shown by everyone but at the end of the day, we lacked the quality required to win at this level. Having revamped our indoor and outdoor programs, I hope that we will see the benefits next season.



Queens Soccer was a force during the regular season this year, finishing second in the south with a 5-2-3 record, totalling up 18 points. Although the RDC squad had a great regular season, they fell short in the Conference playoffs, dropping their first game 3-0 versus the Grande Prairie Wolves, ending their year. The Queens finished their season with 25 goals scored, while only giving up 5 to their opponents. Brittany Baker, RDC Queens goal keeper can take a lot of credit for this impressive statistic. Baker was selected as the only goal keeper on the ACAC all conference team, and was joined by teammate, Erin Giordana, who is considered one of the league's best midfielders.

Comments from Queens Soccer Head Coach, Jerry Gerling:

After ending up in second place in the Southern conference behind MRC Cougars, the RDC Queens soccer team was eliminated by GPRC in the first round of the playoffs by a score of 3-0. The fact that most of the members of the RDC squad were first year players finally revealed itself by the very fact that goals were scored on what one could consider to be rookie mistakes. The outlook for next year looks promising. The Queens are now practicing in indoors and playing some exhibition games in preparation for the Tier I provincials at the end of March in Calgary.



The Men's volleyball team started the season in new territory. This season is the first time in eight years that the Kings did not enter the season as National Champions, after losing out last February at ACAC Conference finals. However, this has all but motivated the Kings, as they came flying out of the gates to start the regular season. The Kings managed to beat the SAIT Trojans in their home opener on October 24 (25-19, 22-25, 25-23, 25-16), and then improved their record to 2-0 a night later at SAIT, winning 3-0 (25-21, 25-21, 25-18). The Kings did not have to wait long in their season to face the defending National Champions, the Mount Royal Cougars. RDC's first meeting with the National Champs came on Halloween in the RDC Main Gym, where the Kings proved dominant, winning 3-1 (25-19, 20-25, 25-14, 25-12). RDC travelled to Calgary to face the Cougars at home, not 24 hours later. RDC left Calgary that night victorious, after dethroning the Cougars with a score of 3-2 (25-22, 21-25, 21-25, 25-21, 15-9) in a thrilling match. The Kings have come up short in a few games, managing to lose 3 games in the first half, twice to Medicine Hat, and once to Briercrest. However, the Kings won 3 more games, beating Lethbridge twice, and Briercrest once, lifting their record to 7-3 after one semester of play. Currently, the Kings are in a three way tie for first place in the south with Mount Royal and Medicine Hat. The second half of the season will be very interesting, and looks promising, as the Kings look to improve and get back to their National Championship form. The Kings have a number of players joining the ACAC league leaders at the half way point. Mitch Irvine, currently 3<sup>rd</sup> place in total kills with 106, and 2<sup>nd</sup> place in kills per game with 3.21, has been a great performer for the Kings in his rookie year. Mitch has made large improvements on his serve, and is currently the league's best server, as he is first in both total aces (18), and aces per game (0.55). Jeremy Stubler has been a bright spot in the middle for the RDC Kings so far this season, after transferring to Red Deer College from Winnipeg, Manitoba. Jeremy finds himself 2<sup>nd</sup> in total blocks (22) and 3<sup>rd</sup> in blocks per game (0.55) after his first semester as a King. Chris Wowchuk, another Winnipeg native, is in his second year with the Kings, and has proved himself as one of the league's elite outside hitters, with his strong serve receive game, and reliable offence.



Comments from Kings Volleyball Head Coach, Aaron Schulha:

Our goal for this point in the season at the start of the year was to be in first place in the South at Christmas. Although we are tied in the ACAC South Division, we have underachieved to this point. We have a month off before beginning the second half push. Over the Christmas break we are going to California where we will be training and playing exhibition matches against Cal State Northridge University and California Baptist University. We begin the second half at home against Medicine Hat College who swept us in Medicine Hat in the first half. That should be a good gauge of where we are at and whether we have done the things that we need to do over this next month to be performing at a high level for the last two months of the season. It is our intention to be first in the South at the end of the season which will qualify us for the Conference Championships at MacEwan College in Edmonton. From there, we will need to win the ACAC Championship in order to qualify for Nationals at Keyano College in Fort McMurray in March. I am sure that our players would agree that we have the talent to be competing for an ACAC and CCAA Championship, it is just a matter of being physically and mentally prepared for every practice and match from here on out!





Queens Volleyball proved to be a force in the ACAC this year. After completing their first half of the regular season, the Queens sit atop of the standings with a 9-1 record. The Queens swept their opening weekend against the SAIT Trojans, 3-1 at home, and 3-0 the next night at SAIT. RDC's only loss came courtesy of the Mount Royal Cougars, after splitting games with them in their second weekend of league play. The RDC Queens beat the Cougars 3-1 in the Lion's Den, but lost the next night at Mount Royal, 3-0, as the Cougars got revenge at home. The Queens have finished the first half on a 6 game win streak, beating Medicine Hat (3-1 and 3-2), Lethbridge Kodiaks (3-1 and 3-1), and the Briercrest Clippers (3-1 and 3-0), and look to carry their success on to the second half, and into conference finals. The RDC Queens have a number of standout players on their roster this year. Katie Graves is leading the ACAC south in total kills (101) and kills per game (3.06). Queens' veteran libero Robyn Brouwer is 3<sup>rd</sup> in the ACAC in total digs (113), and 4<sup>th</sup> in digs per set (3.53). Also, RDC's Mandy Norris currently sits in 5<sup>th</sup> place in blocks per set (0.59).

Comments from Queens Volleyball Head Coach, Talbot Walton:

Back in early September the RDC Queens Volleyball coaching staff felt they had a group of student-athletes that could excel on the volleyball court. The Queens have lived up to that expectation thus far. Being in a tie for first place in the South division, and continually playing dominant volleyball in over 8 of their 10 matches, the Queens have done the necessary work to be at the top. The team is getting outstanding play from veteran players like Mandy Norris, Katie Graves, Quinn Schulzke, and Robyn Brouwer. Coach Walton has also been impressed with the play of some of the first year athletes; Alyssa Jones and Shayna Kreiser are finding ways to contribute to the Queens' success. The last couple of weeks in particular, Coach Walton really began to see the cohesion of the group forming, which was allowing for some very exciting volleyball. Some of our first half highlights include: a first place finish at the RDC Wild Rose Classic, a top 3 finish at the MacEwan tournament, and an impressive first half league performance with a 9-1 record and a 28 games won and only 6 games lost. The Queens will resume play in early January at the Mount Royal College tournament.



Red Deer College's Cross Country Running team this year was one of the best in all of Canada. The Kings Team finished the year 4<sup>th</sup> in the ACAC, and ran to 15<sup>th</sup> place at the CCAA Nationals, while the Queens took home ACAC Gold, and the CCAA Bronze medal. The runners posted consistent times all year, and received great performances from the likes of Jodi Sanguin, Dulcie Timmons, and Jon Werkema. Jodi received the ACAC silver medal at Conference finals, and was fast enough to finish 7<sup>th</sup> among Canada's college runners at the CCAA Nationals. Dulcie Timmons recorded a 7<sup>th</sup> place finish at ACAC provincials, and complemented that with an 18<sup>th</sup> place performance at the CCAA Championships. Jon Werkema was excellent this year finishing 6<sup>th</sup> at Conference finals and 23<sup>rd</sup> at Nationals. Jon, Dulcie and Jodi were all members of the ACAC all conference team, which allowed them to compete at Nationals in Kingston, Ontario.


**Booster Juice** RDC Athlete of the Week

Every week, the RDC coaches nominate deserving athletes for the Booster Juice RDC Athlete of the Week. In the past 12 weeks, RDC has had some incredible athletes receive the award. The athletes and the dates they received recognition are as follows:

Date	Female Athlete of the Week	Sport	Male Athlete of the Week	Sport
Sept 9, 08	Samantha Vockeroth	Soccer	Cory Schlosser	Soccer
Sept 16, 08	Jodi Sanguin	X-Running	Jon Werkema	X-Running
Sept 23, 08	Camille Stankievehch	Golf	Jordan Krulicki	Golf
Sept 30, 08	Kayla Keenan	Soccer	Jordan Krulicki	Golf
Oct 7, 08	Stephanie Thurston	Soccer	Bryan Klaus	Soccer
Oct 13, 08	Dulcie Timmons	X-Running	Jon Werkema	X-Running
Oct 20, 08	Camille Stankievehch	Golf	Jordan Krulicki	Golf
Oct 27, 08	Jodi Sanguin	X-Running	Randy Davis	Basketball
Nov 3, 08	Quinn Schulzke	Volleyball	Jeremy Stubler	Volleyball
Nov 10, 08	Jodi Sanguin	X-Running	Billy McNutt	Basketball
Nov 17, 08	Karla Bourke	Hockey	Tyler Bennett	Curling
Nov 24, 08	Morgan Rauser	Basketball	Randy Davis	Basketball


**ACAC Athletes of the Week**

Throughout the completion of the first semester of the 2008, 2009 season, there has been a number of RDC athletes featured as Subway ACAC Athlete of the Week.

These Kings and Queens are:

**September 16, 08 – Jon Werkema, X-Running**

- Jon was the top male ACAC runner in the first ACAC Grand Prix Cross Country Race in Grande Prairie with a time of 27:53. The men's team placed second in overall competition, and RDC placed first in an overall "combined" team competition based on the top three positions in each of the Women's and Men's races

**September 16, 08 – Jodi Sanguin, X-Running**

- Jodi was the top ACAC female runner in the first ACAC Cross Country Grand Prix race in Grande Prairie with a time of 16:56. The women's team placed second in overall competition, and RDC placed first in an overall "combined" team competition based on the top three positions in each of the Women's and Men's races.

**October 20, 08 – Camille Stankieveh, Golf**

- Camille led the RDC Queens Golf Team to its first ever bronze medal at the CCAA National Golf Championship in Prince Edward Island. She shot scores of 86, 80, and 88 for a fifth place individual finish.

**November 4, 08 – Jeremy Stubler, Volleyball**

- Jeremy was a force in the middle all weekend for the Red Deer Kings Volleyball Team as they swept the defending CCAA Champions, the MRC Cougars. Stubler's weekend totals were impressive as he accumulated 15 kills with only 2 errors for a hitting efficiency of 60%. He also had 9 blocks and 2 service aces.

**November 17, 08 – Katie Graves, Volleyball**

- In a weekend of uncertainty, when the Queens were not too sure how they would respond following the tough matches in Medicine Hat, Katie Graves was there to lead the way. Katie provided leadership and consistent play helping the Queens to knock off the Kodiaks in straight sets both nights. Katie finished the weekend with 14 kills, 2 stuff blocks, 15 defensive digs and 1 player of the game award.

**November 17, 08 – Billy McNutt, Basketball**

- Billy McNutt was an instrumental leader on and off the court this past weekend. His averages on the road were unbelievable and he clearly played at a different level than most. Billy contributed a total of 42 rebounds, 10 assists, and 50 points. The one thing that stood out about Billy was his ability to play out of the Kings' offence, not forcing the issue, and taking advantage of what he was given by his teammates. Billy was truly a team player this weekend.

Feel free to go to the RDC Athletics Website at  
[www.rdc.ab.ca/athletics](http://www.rdc.ab.ca/athletics)  
for current news stories, team photos and rosters and all  
RDC Athletics related news and events.

**See you in January!**