



# RDC Athletes of the Week

## February 8 - 14, 2009

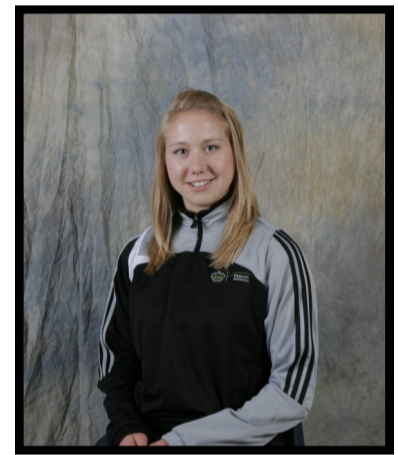
**The BOOSTER JUICE Female Athlete of the Week**

**Megan Abt - Queens Hockey**

**Hometown: Bentley, AB**

**Year/Program: 2nd Year / BA Science**

Megan Abt is a second year Bachelor of Science student at RDC. Megan could not have picked a better time to peak in her play as the Queens head into play-offs. In her last two league games against NAIT she racked up 7 points. In Thursday nights 6-2 home win vs. the OOKS, Megan assisted on two power play goals and on the road she scored twice and added 3 assists in a 7-2 victory over NAIT. Megan's back pressure and defensive zone play should also be highlighted and she was also selected as game MVP in the Saturday night away game.



**The BOOSTER JUICE Male Athlete of the Week**

**Andrew Cassidy - Kings Basketball**

**Hometown: Moose Jaw, SK**

**Year/Program: 2nd Yr / Kinesiology**

Andrew returned home to Saskatchewan and had a very strong weekend for the RDC Kings at Briercrest. He played his usual significant minutes and on Saturday night he scored 10 points and added 5 rebounds. On Friday night he scored 8 points and added 3 rebounds. Andrew has developed into one of the conference's best on-ball defenders and is Kings Basketball's best defensive player. He has matured a lot this season and is continually improving game by game.



**RDC Athletics**