



RDC Athletes of the Week

February 22 - 28, 2009

The **BOOSTER JUICE** Female Athlete of the Week **QUEENS VOLLEYBALL 2009 ACAC CHAMPS**

It was a weekend that the team has been looking forward to for the entire season. At the beginning of the year, Queens Volleyball sensed that they had the opportunity to do something that a Queens team has not done in a few years; be a conference champion. They took full advantage of their opportunity and played to their potential. The Queens defeated Lakeland College, Grande Prairie College, and Grant MacEwan College to win the ACAC Championship. There were countless contributing players over the weekend, which demonstrates the depth and role acceptance of this talented group. Because of their commitment to "Team Volleyball", the entire team deserves the recognition of being **CHAMPIONS**



The **BOOSTER JUICE** Male Athlete of the Week

Dustin Vikse - RDC Curling

Hometown: Donalda, AB

Year/Program: 1st Year / Education

Dustin is a Second on RDC's Mixed Curling Team, which went 15-0 in season play. He helped his team to a Bronze Medal finish at the ACAC Curling Championships at Lakeland College and was named to the ACAC Mixed Curling All Star Team. Dustin was focused to the competition with a "Never say Die" intensity. His driving ambition helped keep his team's spirit both positive and intent. Dustin's judgement on sweeping weight was consistently accurate and his natural supportive nature helped hold the team together when the going got tough.



