

General Interest

To Register | 403.357.3663 | www.rdc.ab.ca

FITNESS

AFLCA

PHOTOGRAPHY

Digital Photography Certificate
Real Estate Photography
Point and Shoot Cameras 1
Point and Shoot Cameras 2
Point and Shoot Cameras 3
Photo Moms
Miksang Photography

LANGUAGES

TESOL
ESL Certificate
American Sign Language (ASL)
General IELTS Test Preparation
English for the Workplace -
Workplace Communication and Essential Skills
ESL - Job Readiness Skills

FENG SHUI

Feng Shui Practitioners' Certificate
Creating a Harmonious Home with Feng Shui

VISUAL ARTS

PERFORMING ARTS



Alberta Fitness Leadership Certification Association (AFLCA)

AFLCA sets the standard for group exercise leadership in Alberta.

To become certified you will need to take the AFLCA Exercise Theory course and either Resistance Training or Group Exercise Specialty, or both. You will need to pass an exam offered monthly at RDC and complete a practical assessment with an AFLCA Trainer. If you have taken Group Exercise Specialty you can complete further training in different styles of exercise classes such as Cycle, Step, and Portable exercise.

AFLCA Exercise Theory

Course # 378

Sept 28 – Oct 17 (no class Oct 10)

Mon & Wed, 6:00 – 10:00 pm

Cost \$189 + GST

AFLCA Exercise Theory

Course # 379

Sept 23 – Sept 25

Fri, Sat, Sun, 8:30 am – 5:30 pm

Cost \$189 + GST

AFLCA Resistance Training

Course # 2123

Oct 22 – Oct 23

Sat & Sun, 8:30 am – 5:30 pm

Cost \$170 + GST

AFLCA Group Exercise Specialty

Course # 2085

Nov 18 – Nov 19

Fri, 6:00 – 10:00 pm

Sat, 8:30 am – 5:30 pm

Cost \$150 + GST



AFLCA Portable Exercise Equipment

Course # 2144

Nov 20

Sun, 8:30 am - 5:30 pm

Cost \$98 + GST

AFLCA Cycle Designation (Spin)

Course # 2095

Nov 27

Sun, 8:30 am – 5:30 pm

Cost \$125 + GST

AFLCA Recertification

Course # 2099

Nov 12

Sat, 8:30 am – 5:30 pm

Cost \$75 + GST



Digital Photography Certificate

NEW

Whether you are just starting out, or wanting to take your current skills to the next level, this program is for you!

Explore the rapidly expanding world of digital photography. Embrace new photography technology and develop a fundamental knowledge of digital cameras, lighting, exposure, and composition. Learn digital image editing techniques and workflow.

Not interested in the certificate? All courses are available to take as stand-alone courses. Take one course of interest, or work on the entire certificate at your own pace.

Required Courses

**Online courses are offered over a period of 12 weeks, students should anticipate approximately 3 hours per week, including field assignments to apply learning.*

DSLR Cameras 1: Camera Basics - Online

- Fundamental operating skills for any DSLR camera
- Introduction to composition and depth of field
- Detailed equipment overview

DSLR Cameras 2: The Creative Modes – Online

- Prerequisite: DSLR Cameras 1
- In-depth exploration of creative modes, programmed auto, shutter priority, aperture priority and manual mode
- Theory and practice using exposure compensation, white balance and ISO to correct photographic issues and enhance creativity

Adobe Photoshop for Photographers

- Prerequisite: students should be comfortable using a computer
- Make your photos stand out with Adobe Photoshop
- Understand key digital darkroom concepts including workflow, colour correction, retouching and repairing photos and tonal correction
- Hands on course

Elective Courses (Choose Three)

1. DSLR Cameras 3: Advanced Features and Functions – Online

- Prerequisite: DSLR Cameras 2
- For Nikon and Canon DSLR users
- Advanced camera functions
- Capture accurate, expressive and creative images
- Investigate practical corrective and creative uses

2. Natural Light Portrait Photography*

3. Landscape Photography*

4. Close Up Nature Photography*

5. Sports Photography*

6. Studio Photography*

7. Faces and Places...Travel and Documentary Photography*

**courses available in Spring 2012 and have a prerequisite of DSLR Cameras 1: Camera Basics or equivalent experience.*

Scheduled Courses

DSLR Cameras 1: Camera Basics - Online

Course #2492

Oct 1 – December 31

Online

\$355 + GST

Course #2493

Nov 1 – January 31

Online

\$355 + GST

Course #2430

Feb 1 – April 30, 2012

Online

\$355 + GST

Course #2431

Mar 1 – May 31, 2012

Online

\$355 + GST

Course #2432

April 1 – June 30, 2012

Online

\$355 + GST

DSLR Cameras 2: The Creative Modes - Online

Course #2433

Feb 1 – April 30, 2012

Online

\$355 + GST

Course #2434

April 1 – June 30, 2012

Online

\$355 + GST

DSLR Cameras 3: Advanced Features and Functions - Online

Course #1568

Jun 1 – Aug 31, 2012

Online

\$355 + GST

Adobe Photoshop for Photographers

Course #2435

Feb 25 – Mar 17, 2012

Sat, 9:00 am – 4:00 pm

\$475 + GST

Course #1569

Jun 2 – Jun 10, 2012

Sat & Sun, 9:00 am – 4:00 pm

\$475 + GST



Be Fit for Life Centre at RDC

The Be Fit for Life Centre is a resource centre that encourages all Albertans to adopt an active, healthy lifestyle. We are a network of 9 centres located throughout the province, providing programs and services including fitness appraisals, program designs, lunchbox seminars for workplaces and resource kits for teachers and educators.

We also offer courses for:

- Standard First Aid Certification
- CPR and Health Care Provider CPR Certification
- Coaching Certification (NCCP)
- Fitness Leadership Certification (AFLCA)
- Personal Training Certification (CSEP – CPT)
- P.A.R.E. Testing

As the Be Fit for Life Centre for central Alberta, we've truly got something for everyone, check out our website at www.rdc.ab.ca, click on Continuing Education.



CONTINUING
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For more information | www.rdc.ab.ca

PHOTOGRAPHY

Real Estate Photography for Real Estate Professionals: First Impressions are Everything

An online training opportunity specially developed to address the needs of today's Real Estate professionals in helping to create the perfect first (photographic) impression of your listing, whether for use in print format or on the Internet. The technical aspects, functions and features of your point-and-shoot digital or DSLR camera will be explained in an easy to understand format. Before you know it, you'll be creatively and confidently photographing outdoors and indoors, in small and large spaces, using artistic angles, and under challenging lighting conditions. You'll also investigate techniques of home staging and learn about powerful post-processing photo-edits. The final assignment requires students to submit images taken applying the S-A-L-E-S (Setup, Angles, Lighting, Equipment & Staging) concepts.

Course #2388
 Oct 1 – Dec 31
 Online
 \$355 + GST

Point and Shoot Cameras I: Camera Basics

This first in a trio of point-and-shoot camera courses from Red Deer College. This is THE course to give you confidence with using YOUR camera! Not sure How, When or Why to change camera settings, how to make sense of your Owner's Manual or how to move beyond AUTO? Investigate your camera's features, functions, body controls and shortcut keys. Learn where to find and how and when to use ALL of your shooting modes, Navigate menus with ease and confidence.

Equipment to bring to class: Camera, fully charged batteries, memory card, and owner's manual.

Prerequisite: None

Course #2371
 Sept 26 - 28
 Mon & Wed, 6:30 – 9:00 pm
 \$129 + GST

Course #2372
 Oct 17 - 19
 Mon & Wed, 6:30 – 9:00 pm
 \$129 + GST

Course #2373
 Oct 31 – Nov 7
 Mon, 6:30 – 9:00 pm
 \$129 + GST

Point and Shoot Cameras II: Beyond Basics

This second in a trio of point-and-shoot camera courses from Red Deer College was developed for camera owners wishing to move beyond the pre-programmed modes to tap into the potential of their cameras. Learn about such functions and features as: Shooting under low light with higher ISO, Exposure Compensation to darken or lighten exposures, Flash Compensation for the correct amount of flash, Picture Styles for the proper sharpness, color saturation, contrast, Enhancements (black & white, vivid, etc.) and White Balance

Equipment to bring to class: Camera, fully charged batteries, memory card, and owner's manual.

Prerequisite: Point and Shoot Cameras I: Camera Basics

Course #2374
 Nov 16 - 23
 Wed, 6:30 – 9:00 pm
 \$129 + GST

Course #2375
 Dec 5 - 7
 Mon & Wed, 6:30 – 9:00 pm
 \$129 + GST

Continuing Education Funding

There may be funding available for the Continuing Education course or program that you are interested in!

The following programs qualify for both full-time government student loans or full-time government grants:

- Multimedia Web Design Certificate
- Pre-Employment Trades certificates
- English as a Second Language (Grant funding only)

TIP: Don't forget about Awards & Scholarships!
 Check out RDC's Awards & Scholarships www.rdc.ab.ca/scholarships.

Point and Shoot Cameras III: Advanced Features and Functions

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This third in a trio of point-and-shoot camera courses by Red Deer College is offered to those who have invested in higher-end, super-zoom-type cameras (without a removable lens). In this course you'll move into Aperture Priority, Shutter Priority, Manual and any specialty creative modes your camera might offer. Learn how to access and creatively and correctively apply such functions as: Advanced White Balance, Custom Enhancements, Exposure Bracketing, Metering, Shooting in RAW and RAW processing and Drive Modes, to mention a few.

Equipment to bring to class: Camera, fully charged batteries, memory card, and owner's manual.

Prerequisite: Point and Shoot Cameras II: Beyond Basics

Course #2376

Dec 13 - 15

Tues & Thurs, 6:30 – 9:00 pm

\$129 + GST

Photo Moms - Learn to Rock Your Camera

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Join other moms in the fun, learning how to take better family photographs.

This course covers the most important exposure settings on your digital camera, natural lighting, composition, location, working with your children, making it fun, and sharing your photos!

Equipment to bring to class: Camera, fully charged batteries, memory card, and owner's manual.

Prerequisite: None

Course #2381

Sept 27 – Oct 6

Tues & Thurs, 6:00 – 9:00 pm

\$275 + GST

Course #2382

Sept 28 – Oct 19

Wed, 6:00 – 9:00 pm

\$275 + GST

Miksang Photography: Opening the Good Eye

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Miksang, at its most basic level, is concerned with uncovering the truth of pure perception. "Opening the Good Eye" is an introduction to the discipline and delight of direct seeing and perception-based photography. Synchronize your mind and eye so that habitual patterns of seeing dissolve into moments of stunning, vivid perception. Develop confidence in your ability to connect directly with what you see, and express your experiences precisely with your camera. To learn more about Miksang Photography, visit www.miksang.com.

Equipment to bring to class: Camera, fully charged batteries, memory card, and owner's manual.

Participants should be familiar with basic camera features, including how to adjust aperture, shutter speed, iso, and white balance.

Course #2387

Oct 13 - 16

Fri - Sun, 9:00 am – 4:00 pm,

Thurs, 7:00 – 9:00 pm

\$375 + GST



HOOPS

Oct 15 – Dec 3

Cost \$98

Saturdays | KS Gym | RDC



HOOPS Basketball – is an eight week development program for youth that works on individual skills and team play. The Knights and Warriors play in shortened courts with lowered baskets, while Kings & Queens play with regulation sized courts and baskets.

Jr Knights | Ages 6-8 (no experience)
CRN 2390 | 9:30 – 10:30 am

Sr Knights | Ages 7-8 (previous HOOPS experience)
CRN 2391 | 10:30 – 11:30 am

Jr Warriors | Ages 9-11 (no experience)
CRN 2392 | 11:30 am – 12:30 pm

Sr Warriors | Ages 9-11 (previous HOOPS experience)
CRN 2393 | 12:30 – 1:30 pm

Kings & Queens | Ages 12-13
CRN 2394 | 1:30 – 2:30 pm

HOOPS Game Night

Runs in conjunction with HOOPS and gives participants a chance to practice the skills they have learned in a fun and active environment.

West Park Middle School | Wednesdays
6:00 – 7:00 pm | Jr & Sr Knights
7:00 – 8:00 pm | Jr & Sr Warriors, Kings & Queens

Registration: 403.357.3663
For more Information contact 403.356.4900 or
continuingeducation@rdc.ab.ca



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LANGUAGES

Teaching English to Speakers of Other Languages (TESOL)....

There is a demand for highly skilled English language teachers. English language teaching jobs are advertised in countries all over the world. An English speaker, qualified with a recognized and accredited English language teaching credential, has the opportunity to see the world or to stay at home and teach the world!

Prerequisites: Grade 12 (A bachelor's degree is not required to take the course, but is necessary to receive the TESL Canada Accreditation. Proof of English proficiency may be required.)

Fall 2011 Program includes:

- 100 hours of classroom instruction
- 10-hour or 20-hour practicum options
- Current teaching theory, methodology and practical teaching skills
- Pair and group work, teaching demonstrations and discussions
- Experienced, energetic and qualified trainers
- TESL Canada Certification - Professional Standard 1

**Students are required to complete practicum hours outside of class time.*

Course #2451

Sept 20 – Nov 19

Tues & Thurs, 6:30 – 9:45 pm

Sat, 9:00 am – 4:00 pm

\$1995 + GST

English as a Second Language

This 5-level Certificate Program covers all of the language skill areas required to successfully live, work and study in Canada. Courses may be taken individually, but completion of Level 5 is required for certification.

The beginning levels address the communicative skills of speaking, listening and language functions and the higher levels progressively focus on improving reading and writing abilities.

Each of the 5 levels is 14 weeks long and classes are held Monday to Friday, 9:00 a.m. - 1:00 p.m. with homework required outside of class time.

Classes run throughout the year, beginning in Sept., Jan. & May and funding may be available. Check with the RDC Funding at 403.314.2472 to see if you are eligible.

General IELTS Test Preparation classes are also available.



American Sign Language (ASL)

Level 1

Learn basic receptive and expressive ASL skills that can be applied in the workplace.

Course #418

Sept 20 – Dec 6

Tues, 6:00 – 9:00 pm

\$395 + GST

Level 2

Expand your conversational range to giving directions and making requests.

Course #2448

Sept 22 – Dec 8

Thurs, 6:00 – 9:00 pm

\$395 + GST

English as a Second Language – Job Readiness Skills

This 5-week course is for those wanting to enter the job market, but who first need job readiness skills. This course is designed for participants with CLB levels 3 – 5 and those who may struggle with literacy.

Topics include:

- Basic computer skills
- Job-search skills (reading, document use & computer use)
- Resume writing skills (writing, document use & computer use)
- Interviewing & oral communication skills
- Networking skills

The goal of this course is to improve the success of English as a Second language job-seekers.

Course #2498

Sept 13 – Oct 13

Tues & Thurs, 9:00 – 12:00 pm

\$395 + GST

General IELTS Test Preparation

The General International English Language Testing System (IELTS) Preparation course provides learners with opportunity to improve their listening, reading, writing, speaking, grammar, and vocabulary and is suited to both first-time test takers and those repeating the test. This course is delivered online, so is ideal for working people with busy lives. The course contains four 25-hour modules: Reading, Writing, Speaking, and Listening, for a total of 100 hours of practice activities, with additional optional time allotted for one on one instructor support and speaking practice. Applicants require a MINIMUM Canadian Language Benchmark of 5 or an IELTS band of 4.5 and will have sufficient computer and keyboarding skills to complete assignments and to access various websites and Skype, etc.

Course #2450

Sept 19 – Dec 9

Online

\$995 + GST

English for the Workplace – Workplace Communication and Essential Skills

This 5-week course focuses on improving workplace communication skills. It is designed for those who are currently working, but may be taken by anyone who speaks English as a Second Language.

Topics include:

- Workplace culture & communication
- Unwritten cultural rules & etiquette
- Time & scheduling
- Greeting customers & answering the phone
- Health & safety
- Reporting accidents & emergencies
- Understanding & using workplace documents

Upon completing the course, participants will communicate with customers, co-workers and supervisors more effectively and be able to work more confidently, safely and productively.

Course #2496

Sept 13 – Oct 13

Tues & Thurs, 6:30 – 9:30 pm

\$395 + GST

Course #2497

Oct 18 – Nov 17

Tues & Thurs, 9:00 – 12:00 pm

\$395 + GST

Course #2499

Oct 18 – Nov 17

Tues & Thurs, 6:30 – 9:30 pm

\$395 + GST

Feng Shui Practitioners' Certificate

The Feng Shui Practitioner's Certificate is an introduction to the basic fundamentals of Black Sect Tantric (BTB) Feng Shui. It is a beginning practitioner's certification that will give participants enough information to utilize BTB Feng Shui in their own homes and to begin to practice on other homes at a beginner practitioner level. Participants may take modules individually, but must complete all 3 modules in an online/in person combination, to receive the Feng Shui Practitioners' Certification.

MODULE 1: Building the Foundation - teaches the International Feng Shui Guild's Universal Topics and provides a solid foundation to Feng Shui practice. Students will also be introduced to the unique theories of BTB Feng Shui. This module opens with an in person "meet & greet on Oct. 3rd & culminates with a full-day face to face class on Nov. 5th. All other course material is covered online, allowing for self-paced learning that fits into a busy schedule.

Course #2447
 Oct. 3 – Nov. 5
 \$1095 + GST

Watch for additional Feng Shui Practitioners' Certificate modules in Winter 2012

MODULE 2: Becoming the Bridge - a deeper investigation and understanding of Black Sect Tantric (BTB) Feng Shui. Students will explore their role as an intermediate between the physical and mystical planes of Feng Shui and cultivate personal Ch'i. This module is completed on the RDC campus in 16.5 hours.

MODULE 3: Finding the Buddha Within - further explores Black Sect Tantric (BTB) Feng Shui's foundations and introduces sacred oral traditions, spirituality and tradition. Students will also learn advanced meditations and cures. This module is completed on the RDC campus in 10 hours.

Creating a Harmonious Home with Feng Shui

Turn your home into a comforting, modern oasis using the intriguing art of Feng Shui. Learn to use the Chinese bagua and the 5 Elements to create balance and harmony in your spaces. Discover colors, symbols and design details appropriate to each of nine specific life areas including health, relationship, wealth and career. Let Feng Shui guide you in your decorating decisions, optimizing and bringing luck to your home!

Course #2446
 Sept 17
 Sat, 10:00 am – 4:30 pm
 \$149 + GST



VISUAL ARTS

RDC's new Centre for Visual Arts offers some of the finest facilities in the country combined with experienced, professional instructors and courses available for students of all skill levels. Spend an evening or weekend improving your skills in your favorite medium, or try something totally new! With a wide range of classes and formats you're bound to find something that inspires your creative side.

Workshops are available in:

- » Drawing
- » Painting
- » Ceramics
- » Stained Glass
- » Jewelry and Metals
- » and more!



PERFORMING ARTS

Dance

Receive the finest in ballet training in a friendly, creative learning environment. We are committed to each student's pursuit of technical and artistic excellence. Every student has the right to fulfill their potential...so Dance Your Dream!

Superb training with professional instructors

Classes offered from ages 4 & up

Modern, spacious facilities!

Recital and performance opportunities!

**Dance in "The Nutcracker" –
December 17th & 18th, Red Deer College
Arts Centre Mainstage!**

Other Performing Arts Opportunities

Interested in Film? Improvisation? Social Dance? We have a variety of group courses for adults guaranteed to satisfy your creative appetite.

Music

Our instructors are highly trained both as performers and educators. Many of our students have won outstanding provincial and national competitions. You'll receive instruction that will enhance your skill, making you an accomplished musician. Share our love of music and register now.

First rate private and group lessons with professional instructors!

Lessons for all ages & ability levels on all instruments!

Modern, spacious facilities!

Performance, competition and examination opportunities!

Start and finish your music at RDC – start in the Conservatory and progress to the RDC two year Music Diploma program – your career goals are covered!



For a complete list of classes and full course descriptions, please visit: www.rdc.ab.ca
continuingeducation@rdc.ab.ca | 403.356.4900



Travel the world with RDC

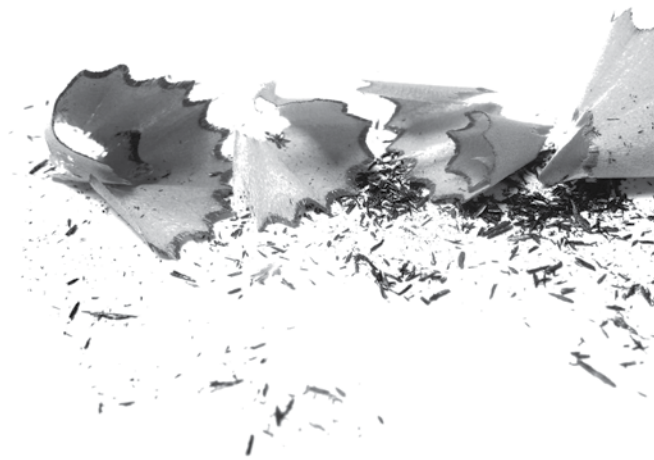
Looking to share experiences & see new locales with a like minded group of travellers....broaden your global perspective and have fun on an RDC Tour!

Recently we've been to New York, Mexico, Kenya, China and are now planning amazing new trips to the Toronto Film Festival, Shaw & Stratford Festivals, London England, Peru, & more. Visit www.rdc.ab.ca/studytours to join us on our next adventure!



CONTINUING
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For more information | www.rdc.ab.ca/studytours



Performing Arts at RDC



Theatre &
Entertainment
Production

Theatre
Performance
& Creation

**Motion
Picture Arts**

Music

Motion Picture Arts | Performing Arts at RDC

LIVE YOU'RE NCORE

Did you know your post-secondary courses could transfer to Red Deer College?

Transfer your experience and learning from areas like theatre, media and the arts directly into the third year of the Bachelor of Applied Motion Picture Arts in Acting or Production.

Discover the Motion Picture Arts program during our Student for a Day experience on November 3, 2011, February 9, 2012 or March 22, 2012



For more information or to register | www.rdc.ab.ca/performing_arts | 403.342.3512

Register Now! | www.rdc.ab.ca | click on "Continuing Education" | 403.357.3663