

COMBINED BACHELOR OF PHYSICAL EDUCATION/ BACHELOR OF EDUCATION - SECONDARY ROUTE

UPDATED MARCH 2012

This Academic Planning Guide highlights only major points regarding admission and transfer. You are advised to read the university and RDC calendars, and the Alberta Transfer Guide for other necessary information. Some of the courses listed in this guide have prerequisites. Please refer to the Course Description section of the RDC calendar for further information.

Note: The following is only a suggested pattern of studies. There is flexibility to make some adjustments.

IMPORTANT INFORMATION ABOUT THE UOFA BPE/BED (SECONDARY) PROGRAM:

- The BPE/BEEd degree is a **five-year degree program**.
- You'll spend the **first three years in the Faculty of Physical Education and Recreation** where you'll take courses ranging from structural anatomy to biomechanics, from dance to personal fitness and ethics.
- You'll transfer to the **Faculty of Education for the final two years** of your degree program and graduate with two degrees: a Bachelor of Physical Education degree and a Bachelor of Education degree.
- It is recommended to complete 33 credits **each** year however it is not mandatory.
- It is highly recommended to take an even number (3,6,9 credits) of KPAC courses to ensure you will receive transfer credit.
- You should be admitted to the Kinesiology program (not the Education program) to allow you access to all the kinesiology courses. In the event you require access to a restricted Education course, please contact an academic advisor.
- Please visit the program website for more details:
www.physedandrec.ualberta.ca/en/UndergraduatePrograms/DegreePrograms/BPEBEEdBachelorofPhysicalEducat.aspx

SUGGESTED PATTERN YEAR 1

YEAR 1 FALL TERM	YEAR 1 WINTER TERM
KNSS 200 (3) Structural Anatomy	KNSS 201 (3) Biomechanics
KNSS 270 (3) Leadership and Instruction in Physical Activity	KNSS 204 (3) Intro to the Sociocultural Foundations of Physical Education, Leisure and Sport
KNSS 210 (3) Fitness and Wellness Theory and Practice	KPAC/KDNC(3) Two (1.5 credit) or One (3 credit) Physical Activity/Dance course(s)(See page 3 for details)
KDNC 200 (3) The Spectrum of Dance in Society	
ENGL 219 (3) Essay Composition and Critical Reading	ENGL 220 (3) Literary Analysis
Minor Courses (3) See page 3 for details	Minor Courses (3) See page 3 for details

The numbers in () brackets below indicate the number of academic credits required

SUGGESTED YEAR 2 SEQUENCE (TOTAL TRANSFER CREDITS = 33)

PSIO 258 (3)	Elementary Physiology I
KNSS 205 (3)	History of Sport
KNSS 240 (3)	Adapted Physical Education
KNSS 250 (3)	Introduction to the Administration of Sport, Physical Activity, and Recreation Programs
KNSS 260 (3)	Introduction to Coaching Theory
KPAC / KDNC (3)	Two (1.5 credit) or One (3 credit) Physical Activity or Dance course(s) (See page 2 for details)
KPED 294 (3)	Introduction to the Movement Activities of Youth, Part I
EDPY 200 (3)	Introduction to Educational Psychology
EDIT 302 (3)	Instructional Application of Technology
Minor Courses (6)	See Page 3 for details

MODIFIED YEAR 2 SEQUENCE

Students who have completed the suggested pattern of courses for the “Bachelor of Physical Education University of Alberta” should complete the following modified Year 2 courses.

PSIO 258 (3)	Elementary Physiology I
KNSS 205 (3)	History of Sport
KNSS 250 (3)	Introduction to the Administration of Sport, Physical Activity, and Recreation Programs
KNSS 260 (3)	Introduction to Coaching Theory
KPAC / KDNC (3)	Two (1.5 credit) or One (3 credit) Physical Activity or Dance course(s) (See below for details)
KPED 294 (3)	Introduction to the Movement Activities of Youth, Part I
EDPY 200 (3)	Introduction to Educational Psychology
EDIT 302 (3)	Instructional Application of Technology
Minor Courses (6)	See Page 3 for details
Minor Courses (3-6) AND/OR	Minor Courses – If available
KNSS 220 (3)	Introduction to Athletic Therapy

NOTE:

You will note the above modified Year Two sequence contains either 33 or 36 academic credits. In order to be considered for admission to Year Three of this combined program at the U of A you must have completed a total of 66 applicable credits in Years One and Two:

- If you have completed 30 credits in Year One and complete 33 credits in this modified Year Two, you will have a total of 63 applicable credits. If your grade point average is competitive to be admitted to U of A, you will be admitted to Year Two at the U of A (since you do not have the 66 credits required for admission to Year Three), but you will not be disadvantaged in terms of accessing Year Three courses. You will, however, have to make up the three credits prior to the end of your third year.
- If you have 30 credits from Year One and complete 36 credits in the modified Year Two sequence, you will have the 66 credits required to be considered for admission to Year Three. In making a choice between taking 33 or 36 credits in Year Two, you will want to consider the fact that 36 credits in an academic year is a heavy course load, and you may be unable to maintain the competitive grade point average required for admission to U of A.

KPAC/KDNC courses: Activity component of the BPE/BEd (Secondary route) program

- Choose from any U of A transferable KPAC and/or KDNC course (KDNC 340 will be accepted as a PAC/DAC course in the BPE/BEd program). Check transfer credits for each course through the Alberta Transfer Guide (<http://www.acat.gov.ab.ca>). Some of these transfer as 1.5 credits each and some transfer as 3.0 credits each.

- You should be aware of the following U of A requirement that must be completed prior to university graduation.

- **PAC/DAC courses:** Students are required to complete a minimum of 3 academic credits in each of:
 - Dance (KDNC 255 or KDNC 340)
 - Games (314, 337)
 - Gymnastics
 - Individual Activities n/a
 - Alternative Environments n/a

ACAT does not currently show transfer for many of RDC's KPAC courses due to UofA's change to their PAC/DAC courses to 3 credits. We are cautiously optimistic that this will change however in the meantime we are unable to advise on KPAC selection.

- **Aquatics Component:** Demonstrated competency in aquatics is *recommended*. Students may provide proof of swimming certification to a Red Cross Swim Program (Level 10) [formerly AquaQuest Level 12—White], or equivalent level of skill (e.g. Royal Lifesaving Society Bronze Medallion, or YMCA Star 6), or successfully complete PAC 110 at UofA.

MINOR COURSES

Please read the **NOTE** below your MINOR (if applicable) or check with an Academic Advisor.

ART MINOR (UP TO 15 CREDITS)

ART 231 (3)

ART 201 & 203 (6)

Up to 6 credits chosen from: ART 233, 241, 243

BIOLOGICAL SCIENCES MINOR (UP TO 18 CREDITS)

BIOL 217 & 218 (6)

BIOL 317 & 318 (6)

Up to 6 credits from senior transferable Biological Sciences (including BIOL, GENE, MICR, ZOOL)

CAREER & TECHNOLOGY STUDIES:

BUSINESS, ADMINISTRATION, FINANCE (BIT) MINOR (UP TO 15 CREDITS)

Up to 6 credits chosen from: ACCT 202, BUS 311

Up to 3 credits chosen from: CMPT 201 or EDIT 302

ECON 201 & 202 (6)

CAREER & TECHNOLOGY STUDIES: COMMUNICATION ARTS (MDC) MINOR (UP TO 15 CREDITS)

ART 231 & 233 (6)

Up to 9 credits chosen from: DRAM 202, 249, one of [MUSE 203/204, 207/208 or 217/218], MUSE 201/202, MUSE 205/206

CAREER & TECHNOLOGY STUDIES: HEALTH (HRH) MINOR (UP TO 9 CREDITS)

FAM 322 (3)

FAM 315 (3)

KNSS 210 (3)¹

¹Because KNSS 210 is required of all BPE/BEEd Secondary students, students completing a CTS: Health (HRH) Minor can take 3 additional transfer credits in Open Options in their program (where 3 credits in the MINOR are normally taken).

NOTE: RDC has a limited number of course offerings in the CTS: Health (HRH) Minor. It is recommended that you complete one of; KNSS 203, KNSS 253, KNSS 307 or EDUC 250 in order to make up the additional 3 credits. These are all required courses in your program. (DO NOT take EDUC 250 if you have previously completed EDFX 203 at RDC.)

CAREER & TECHNOLOGY STUDIES: NATURAL RESOURCES (NAT) MINOR (UP TO 6 CREDITS)

BIOL 217 (3)

BIOL 218 (3)

NOTE: RDC has a limited number of course offerings in the CTS: Natural Resources (NAT) Minor. It is recommended that you complete two of; KNSS 203, KNSS 253, KNSS 307 or EDUC 250 in order to make up the additional 6 credits. These are all required courses in your program. (DO NOT take EDUC 250 if you have previously completed EDFX 203 at RDC.)

CHEMISTRY MINOR (UP TO 18 CREDITS)

CHEM 211 & 212 (6)

CHEM 351 & 352 (6)

6 credits chosen from transferable: BIOC, GEOG (230 and/or 231 ONLY), PHYS

DRAMA MINOR (UP TO 9 CREDITS)

DRAM 201 (3)

DRAM 249 (3)

Up to 3 credits from: DRAM 353 (3) or KDNC 340 (3)

NOTE: RDC has a limited number of course offerings in the Drama Minor. It is recommended that you complete one of; KNSS 203, KNSS 253, KNSS 307 or EDUC 250 in order to make up the additional 3 credits. These are all required courses in your program. (DO NOT take EDUC 250 if you have previously completed EDFX 203 at RDC.)

ENGLISH LANGUAGE ARTS MINOR (UP TO 18 CREDITS)

ENGL 219 (3) and ENGL 220 (3)

Up to 9 credits from transferable Senior English (ENGL)

Up to 3 credits from ENGL 376 (3) or ENGL 377 (3)

NOTE: Because ENGL 219/220 is required of all BPE/BEd Secondary students, students completing an English Minor can take 6 additional transfer credits in Open Options in their program (where 6 credits in the MINOR are normally taken).

GENERAL SCIENCES MINOR (UP TO 18 CREDITS)

BIOL 217 & 218 (6)

CHEM 211 & 212 (6)

PHYS 205 & 226 or PHYS 241 & 247 (6)¹

¹If you choose to take PHYS 241 & 247, you must also take MATH 202 (or 203) & 204 since these courses are co-requisite to PHYS 241 & 247. If you choose to take PHYS 205 & 226 and plan to take further Senior level PHYS courses at the U of A, it is recommended that you take MATH 202 (or 203) since this is a prerequisite to most Senior level PHYS courses. MATH 202 (or 203) & MATH 204 would not count as minor courses but would count as non-education options.

HEALTH EDUCATION MINOR (UP TO 15 CREDITS)

FAM 322 (3)

FAM 315 (3)

EDCM 341 (3)

Up to 6 credits from: KNSS 204 (3)¹, KNSS 210 (3)¹, KNSS 244 (3)¹

¹Students are advised to take KNSS 244 towards their Health Education Minor. If students are not able to gain access to KNSS 244 they are able to take 3 additional transfer credits in Open Options in their program (where 3 credits in the MINOR are normally taken). This is because KNSS 204 and KNSS 210 are required of all BPE/BEd Secondary students.

MATHEMATICS MINOR (UP TO 12 CREDITS)

MATH 202 or (203) (3)

MATH 221 (3)

Up to 6 credits from: MATH 204 (3), STAT 251 (3) (recommended), CMPT 201(3)

MUSIC – CLASS GUITAR (UP TO 18 CREDITS)

MUSI 257/258 (6) & MUSI 259/260 (3) [Theory Placement Exam required for entrance into this course/
Contact RDC Music dept to arrange]

3 to 6 credits chosen from: [MUSE 203/204 (3), MUSE 207/208 (3) or MUSE 217/218 (3)], [MUSE 201/202 (3)], [MUSE 205/206 (3)], [MUSE 303/304 (3), MUSE 307/308 (3) or MUSE 317/318 (3)], [MUSE 301/302 (3)], [MUSE 305/306 (3)]

MUSI 233 (3)

Physical Sciences Minor (up to 18 credits)

CHEM 211 & 212 (6)

PHYS 205 & 226 or PHYS 241 & 247¹ (6)

Up to 6 credits from: ASTR 205, CHEM 351, 352, GEOG 230, 231, PHYS 359

¹If you choose to take PHYS 241 & 247, you must also take MATH 202 (or 203) & 204 since these courses are co-requisite to PHYS 241 & 247. If you choose to take PHYS 205 & 226 and plan to take further Senior level PHYS courses at the U of A, it is recommended that you take MATH 202 (or 203) since this is a prerequisite to most Senior level PHYS courses. MATH 202 (or 203) & MATH 204 would not count as minor courses but would count as non-education options.

PHYSICS MINOR (UP TO 12 CREDITS)

PHYS 205 & 226 or PHYS 241 & 247¹ (6)

6 credits chosen from: ASTR 205, CHEM 211, 212, 351, 352, GEOG 230, 231

¹If you choose to take PHYS 241 & 247, you must also take MATH 202 (or 203) & 204 since these courses are co-requisite to PHYS 241 & 247. If you choose to take PHYS 205 & 226 and plan to take further Senior level PHYS courses at the U of A, it is recommended that you take MATH 202 (or 203) since this is a prerequisite to most Senior level PHYS courses. MATH 202 (or 203) & MATH 204 would not count as minor courses but would count as non-education options.

SECOND LANGUAGES - FRENCH MINOR (UP TO 12 CREDITS)

FREN 202/203 (6)

FREN 302/303 (6)

Students who have not taken French 30 are required to take FREN 101/102 as preparation for further French studies. However, these courses are not applicable to the French minor requirements at the U of A and must be taken as a Non-Education Option and Open Option. **Students will not receive transfer credit for FREN 101/102 if French 30 has been taken.**

NOTE: Students with advanced language proficiency should consult with an Advisor regarding applying for Advanced Standing.

SECOND LANGUAGES - SPANISH MINOR (UP TO 12 CREDITS)

SPAN 101/102 (6)¹

SPAN 201/202 (6)

¹Students will not receive transfer credit for SPAN 101/102 if SPANISH 30 has been taken.

SOCIAL STUDIES MINOR (UP TO 18 CREDITS)

Up to 6 credits from: HIST 207 (3), 208 (3), 209 (3)

Up to 6 credits from: HIST 373 (3), 374 (3), POLI 321¹ (3)

Up to 6 credits in cultural studies from: ANTH 200² (3), ANTH 201² (3), ANTH 307 (3), SOCI 344 (3), SOCI 368 (3), SOCI 376 (3)

¹U of A does not allow students to receive credit in both POLI 321 (3) and POLI 320 (6).

²If you have previously taken ANTH 203 or 204 these courses can also be used in this area. If you have taken ANTH 203 do not take ANTH 200 or 201 as you would not also receive transfer credit for ANTH 200 or 201.

SPECIAL EDUCATION MINOR (UP TO 9 CREDITS)

EDCM 341 (3)

Up to 6 credits from: Physical Education (KNSS 240 or KNSS 307 recommended), Psychology (PSYC) (not PSYC 260), Sociology (SOCI)

NOTE: RDC has a limited number of course offerings in the Special Education Minor. It is recommended that you complete one of; KNSS 203, KNSS 253, KNSS 307 or EDUC 250 in order to make up the additional 3 credits. These are all required courses in your program. (DO NOT take EDUC 250 if you have previously completed EDFX 203 at RDC.)

University of Alberta Admission and Transfer Information for

BPE/BEd Secondary Route

PROGRAM INFORMATION:

Length Of Degree The Bachelor of Physical Education/Bachelor of Education degree program consists of 159 and has both a professional and discipline focus.

Transfer Credit To be considered for admission as a transfer applicant, applicants must present a minimum AGPA of 2.0 or equivalent based on a minimum of 24 of transferable credits. Possession of this minimum AGPA does not guarantee admission to the program. Applicants must also possess all High School admission requirements, or equivalent.

Residency Requirement: A maximum of 66 credits may be transferred to the U of A and applied towards the BPE/BEd degree.

ADMISSION REQUIREMENTS:

All applicants must present the following Subject Requirements:

- English Language Arts 30-1 (grade of at least 60%)¹
- Subject from Group A or C
- Subject from Group A or C
- Subject from Group C
- Subject from Group B, C, or Physical Education 30 (5 credit)

Students who do not present a grade of at least 60% in English Language Arts 30-1 will require a minimum grade of "C" in **6 credits of English** (i.e. C- in ENGL 219 and C+ in ENGL 220 to make a combined grade of "C").

- Only one Language other than English is accepted for admission. Social Studies 30 is highly recommended.
- If you do not have all the high school subjects required, you may be able to substitute your post-secondary courses. Please see an Academic Advisor for more information.

ACADEMIC REQUIREMENTS:

The Faculty of Physical Education and Recreation is a quota faculty and admission is competitive. In order to qualify for consideration of admission to year 2 or 3, a transfer applicant must have obtained a minimum admission grade point average (AGPA) of 2.0 ("C") on at least 30 university transferable credits. (A minimum of 60 university transferable credits is required for application to year 3.) Students applying with less than 30 transfer credits must apply to Year 1 where admission is more competitive.

Minimum Grade Required The minimum grade for transferring course work to the University of Alberta is C-.

AGPA CALCULATION:

GPA Calculated The AGPA is calculated on all university transferable course work completed in the most recent two terms of study, provided they contain a minimum of 24 units of course weight. If those two terms contain less than 24 units of course weight, all work in the next most recent term(s) will be included in the calculation until the minimum total of 24 has been achieved.

Competitive Admission GPA Previous Fall For Fall 2011 a competitive AGPA for the combined BPE/BEd was 2.8 on the 4-point scale. The AGPA set for conditional admission to this program for Fall 2012 is 3.0. This does not necessarily represent the AGPA that will be required for future years, but it does give an indication of previous competitiveness.

UNIVERSITY RULES:

Repeat Courses/Course Attempts If a course with a grade of C- or above is repeated, only the first passing grade will be used when calculating the AGPA. Courses presented for admission must not have been attempted more than twice. A withdrawal counts as an attempt.

Spring Courses

The U of A advises that students who take courses at RDC in the Spring (May-June) semester which immediately precedes admission to the U of A may be disadvantaged.

Academic Standing – RTW Applicants who have been twice required to withdraw from any post-secondary program(s) or institution(s) will not be considered for admission or readmission to the Faculty of Physical Education and Recreation.

OTHER

Credit by Special Assessment / Challenged Courses: The U of A Faculty of Physical Education and Recreation does not allow any credit by "special assessment" i.e. no credit is granted for courses "challenged".

Physical Participation: Students enrolled in courses offered by the Faculty of Physical Education and Recreation must take responsibility for ensuring that they are physically and medically fit to be taking the course.

Regarding transfer to the University of Alberta & Augustana Faculty: When checking course transfer to the University of Alberta, please note that courses which have "AU" as the first two letters of the course abbreviation in the Alberta Transfer Guide will transfer only to the U of A Augustana Faculty in Camrose. In order for a course to also

transfer to other U of A faculties, there must be another entry indicating transfer as a course not beginning with "AU". See example below.

CMPT 214 = U of A CMPUT 114 (3) OR AUCSC 1xx (3)
CMPT 261 = U of A AUCSC 1xx (3)

CMPT 214 is transferable to all U of A faculties, including Augustana, whereas CMPT 261 is accepted only by Augustana Faculty and will not transfer to other faculties at the U of A in Edmonton.

APPLICATION INFORMATION:

Opening Date Application Deadline for the BPE/BEEd program program at U of A is May 1. Document deadline is June 15. Although the application deadline is May 1, students are advised to apply as soon as possible. Transfer students should apply to the Faculty of Physical Education and Recreation (BPE/BEEd program) at the University of Alberta.

HOW TO FIND MORE INFORMATION

PROGRAM CHAIRPERSON

Sharon Hamilton
Room: 2002-F
Phone: (403) 314-2445
Email: sharon.hamilton@rdc.ab.ca

PROGRAM WEBSITE: ACADEMIC ADVISING:

www.rdc.ab.ca/academic_departments/kinesiology_sports_studies/
Room 1102
403-342-3163
advisors@rdc.ab.ca
www.rdc.ab.ca/academic_advising
www.rdc.ab.ca
www.acat.gov.ab.ca

RDC WEBSITE: ALBERTA TRANSFER GUIDE:

UNIVERSITY CONTACT INFORMATION:

Faculty of Physical
Education and Recreation
Contacts:

<http://www.physedandrec.ualberta.ca/>
Darcie Tessari (surnames beginning A-K)
Karen Willsher (surnames beginning L-Z)
Kristy Wuetherick (Recruitment/Practicum Officer)
Email: per.undergrad@ualberta.ca
Phone: (780) 492-5604

PLEASE NOTE:

Please be aware that you are responsible for ensuring that your registration is complete and appropriate and that your course choices comply with the program to which you have been admitted at Red Deer College and/or to the university to which you wish to transfer (if applicable).

You are cautioned that any changes to your courses, your major or your transfer destination may adversely affect your transferable credit (if applicable), admission requirements for future programs, or eligibility to graduate from Red Deer College. Please consult with an academic advisor if you have any questions.

The function of academic advisors is to provide students with information and resources that enable them to make informed decisions relevant to their education. These resources include the Red Deer College Calendar, the Academic Planning Guide for your chosen program and destination university (if applicable), the Alberta Transfer Guide and the calendar and contact information for your destination university (if applicable). Academic advisors will assist you in interpreting information from these resources or refer you to your destination university if appropriate. Students in university transfer programs are strongly advised to refer to the calendar of the university to which they wish to transfer and should contact appropriate university departments as required.