

## BACHELOR OF PHYSICAL EDUCATION

### KINESIOLOGY AND SPORT STUDIES GENERAL DIPLOMA RED DEER COLLEGE

UPDATED FEBRUARY 2012

This Academic Planning Guide highlights only major points regarding admission and transfer. You are advised to read the university and RDC calendars, and the Alberta Transfer Guide for other necessary information. Some of the courses listed in this guide have prerequisites. Please refer to the Course Description section of the RDC calendar for further information.

**Note:** The following is only a suggested pattern of studies. There is flexibility to make some adjustments.

### IMPORTANT INFORMATION ABOUT YOUR UofA BPE DEGREE

- Students may choose to complete a KNSS diploma with a major in Adapted Physical, Fitness and Health Promotion, Coaching and Sport performance or Sport Management. The preceding diplomas allow students to transfer into the 3<sup>rd</sup> of the Bachelor of Physical Education at UofA as long as they have a **GPA of 2.5**.
- Following the suggested sequence in this guide and completion of 60 credits will earn you a General Kinesiology Diploma from Red Deer College.
- This degree does not provide you with certification to teach in a school. If you are wanting to be a teacher you will want to consider the Bachelor of Education or the combined Bachelor of Education/Bachelor of Physical Education
- **CONCENTRATION AREAS:** In Year 3 & 4, BPE students at the University of Alberta choose one of seven areas of concentration. Concentrations provide specializations in professional areas of physical education, sport, health, and well-being. Each concentration includes a practicum. Students should contact the Undergraduate Programs Office of the Faculty of Physical Education and Recreation for information about specific concentration requirements.  
Concentrations include: Active Living, Health, and Well-Being Concentration; Activity and Nutrition Concentration; Adapted Physical Activity Concentration; Coaching Studies, Cultural and Managerial Studies of Sport and Leisure Concentration; Physical Activity and Sport Performance; Individualized Concentration
- Please note that some KNSS courses have a lecture AND a laboratory.
- CMPT 261 does NOT transfer to UofA

### DEGREE CHECKLIST

- Check transfer of all courses
- Registered in both terms for full year courses (list courses)
- Viewed University website [www.physedandrec.ualberta.ca/en/UndergraduatePrograms.aspx](http://www.physedandrec.ualberta.ca/en/UndergraduatePrograms.aspx)
- Checked pre-requisites for all courses; the system allows you to register in any course. It is up to you to make sure you have the pre-requisite
- Review your registration on the Loop
- Students who wish to pursue Athletic Therapy after completing the BPE program may choose to take one of KNSS 209, 244, 253, 307, or PSYC 260 and two of KNSS 220 and KNSS 299.

## SUGGESTED PATTERN YEAR 1

YEAR 1 FALL TERM		YEAR 1 WINTER TERM	
KNSS 200 (3)	Structural Anatomy	KNSS 201 (3)	Biomechanics
KNSS 204 (3)	Intro to the Sociocultural Foundations of Physical Education, Leisure and Sport	KNSS 210 (3)	Fitness and Wellness Theory and Practice
KNSS 240 (3)	Adapted Physical Education	KDNC 200 (3)	The Spectrum of Dance in Society
KNSS 270 (3)	Leadership and Instruction in Physical Activity	KPAC/KDNC (3)	Two Physical Activity or Dance course (Not KDNC 340)
ENGL 219	Essay Composition and Critical Reading	ENGL 220 (3)	Literary Analysis

## SUGGESTED YEAR 2 SEQUENCE

PSIO 258 (3)	Elementary Physiology I
PSIO 259 (3)	Elementary Physiology II
KNSS 202 (3)	Physiology of Exercise
KNSS 203 (3)	Skill Acquisition and Performance
KNSS 205 (3)	History of Sport
KNSS 250 (3)	Introduction to the Administration of Sport, Physical Activity, and Recreation Programs
KPAC / KDNC (3)	Two (1.5 credit) or One (3 credit) Physical Activity or Dance course(s) <b>(Not KDNC 340)</b>
*Two of:	KNSS 209 (3) Measurement and Evaluation KNSS 244 (3) Introduction to Nutrition KNSS 253 (3) Psychological Sport Performance KNSS 307 (3) Growth and Development PSYC 260 (3) Basic Psychological Processes
*One of:	INTD 240 (3) Integrated Arts Approach to Movement KNSS 220 (3) Introduction to Athletic Therapy KNSS 260 (3) Introduction to Coaching Theory KNSS 280 (3) Intro to Outdoor Education <sup>1</sup> KNSS 299 (3) Directed Studies in Kinesiology and Sport Studies

<sup>1</sup>Students who choose to take KNSS 280 must take a mandatory camp during the 4th week of August.

\*Students who wish to pursue *Athletic Therapy* after completing the *BPE program* may choose to take **one** of KNSS 209, 244, 253, 307, or PSYC 260 and **two** of KNSS 220 and KNSS 299.

# UNIVERSITY OF ALBERTA ADMISSION AND TRANSFER INFORMATION FOR BACHELOR OF PHYSICAL EDUCATION

## PROGRAM INFORMATION:

**Length Of Degree** The Bachelor of Physical Education degree program consists of 120 and has both a professional and discipline focus. The program consists of the following components: Degree Core: 60 credits; Activity Core: 15 credits; Areas of Concentration: 30 credits; Option Component: A group of courses totaling 15 of which at least 9 must be taken from outside the Faculty.

**Transfer Credit** To be considered for admission as a transfer applicant, applicants must present a minimum AGPA of 2.0 or equivalent based on a minimum of 24 of transferable credits. Possession of this minimum AGPA does not guarantee admission to the program. Applicants must also possess all High School admission requirements, or equivalent.

## ADMISSION REQUIREMENTS:

All applicants must present the following Subject Requirements:

- English Language Arts 30-1 (grade of at least 60%)<sup>1</sup>
- Subject from Group A or C
- Subject from Group A or C
- Subject from Group C
- Subject from Group B, C, or Physical Education 30 (5 credit)

Students who do not present a grade of at least 60% in English Language Arts 30-1 will require a minimum grade of "C" in **6 credits of English** (i.e. C- in ENGL 219 and C+ in ENGL 220 to make a combined grade of "C").

- Only one Language other than English is accepted for admission. Social Studies 30 is highly recommended.
- If you do not have all the high school subjects required, you may be able to substitute your post-secondary courses. Please see an Academic Advisor for more information.

## ACADEMIC REQUIREMENTS:

The Faculty of Physical Education and Recreation is a quota faculty and admission is competitive. In order to qualify for consideration of admission to year 2 or 3, a transfer applicant must have obtained a minimum admission grade point average (AGPA) of 2.0 ("C") on at least 30 university transferable credits. (A minimum of 60 university transferable credits is required for application to year 3.) Students applying with less than 30 transfer credits must apply to Year 1 where admission is more competitive.

**Minimum Grade Required** The minimum grade for transferring course work to the University of Alberta is C-.

## AGPA CALCULATION:

**GPA Calculated** The AGPA is calculated on all university transferable course work completed in the most recent two terms of study, provided they contain a minimum of 24 units of course weight. If those two terms contain less than 24 units of course weight, all work in the next most recent term(s) will be included in the calculation until the minimum total of 24 has been achieved.

**Competitive Admission GPA Previous Fall** For Fall 2011 a competitive AGPA to the U of A BPE was 2.8 on the 4-point scale. The AGPA set for conditional admission to this program for Fall 2012 is 3.0. (RDC currently has an agreement with the U of A that RDC Kinesiology students who have completed 45 to 60 transferable credits and who have an AGPA of 2.5 or higher will be admitted to the BPE program starting Fall 2013.) This does not necessarily represent the AGPA that will be required for future years, but it does give an indication of previous competitiveness.

## UNIVERSITY RULES:

**Repeat Courses/Course Attempts** If a course with a grade of C- or above is repeated, only the first passing grade will be used when calculating the AGPA. Courses presented for admission must not have been attempted more than twice. A withdrawal counts as an attempt.

### Spring Courses

The U of A advises that students who take courses at RDC in the Spring (May-June) semester which immediately precedes admission to the U of A may be disadvantaged.

**Academic Standing – RTW** Applicants who have been twice required to withdraw from any post-secondary program(s) or institution(s) will not be considered for admission or readmission to the Faculty of Physical Education and Recreation.

### OTHER

**Credit by Special Assessment / Challenged Courses:** The U of A Faculty of Physical Education and Recreation does not allow any credit by "special assessment" i.e. no credit is granted for courses "challenged".

**Physical Participation:** Students enrolled in courses offered by the Faculty of Physical Education and Recreation must take responsibility for ensuring that they are physically and medically fit to be taking the course.

**Regarding transfer to the University of Alberta & Augustana Faculty:** When checking course transfer to the University of Alberta, please note that courses which have "AU" as the first two letters of the course abbreviation in

the Alberta Transfer Guide will transfer only to the U of A Augustana Faculty in Camrose. In order for a course to also transfer to other U of A faculties, there must be another entry indicating transfer as a course not beginning with "AU". See example below.

CMPT 214 = U of A CMPUT 114 (3) OR AUCSC 1xx (3)  
CMPT 261 = U of A AUCSC 1xx (3)

CMPT 214 is transferable to all U of A faculties, including Augustana, whereas CMPT 261 is accepted only by Augustana Faculty and will not transfer to other faculties at the U of A in Edmonton.

#### **APPLICATION INFORMATION:**

**Opening Date** Application Deadline for the BPE program at U of A is May 1. Document deadline is June 15. Although the application deadline is May 1, students are advised to apply as soon as possible.

### **HOW TO FIND MORE INFORMATION**

#### **PROGRAM CHAIRPERSON**

Sharon Hamilton  
Room: 2002-F  
Phone: (403) 314-2445  
Email: sharon.hamilton@rdc.ab.ca

#### **PROGRAM WEBSITE: ACADEMIC ADVISING:**

[www.rdc.ab.ca/academic\\_departments/kinesiology\\_sports\\_studies/](http://www.rdc.ab.ca/academic_departments/kinesiology_sports_studies/)  
Room 1102  
403-342-3163  
[advisors@rdc.ab.ca](mailto:advisors@rdc.ab.ca)  
[www.rdc.ab.ca/academic\\_advising](http://www.rdc.ab.ca/academic_advising)

#### **RDC WEBSITE:**

[www.rdc.ab.ca](http://www.rdc.ab.ca)

#### **ALBERTA TRANSFER GUIDE:**

[www.acat.gov.ab.ca](http://www.acat.gov.ab.ca)

#### **UNIVERSITY CONTACT INFORMATION:**

Faculty of Physical  
Education and Recreation  
Contacts:

<http://www.physedandrec.ualberta.ca/>  
Darcie Tessari (surnames beginning A-K)  
Karen Willsher (surnames beginning L-Z)  
Kristy Wuetherick (Recruitment/Practicum Officer)  
Email: [per.undergrad@ualberta.ca](mailto:per.undergrad@ualberta.ca)  
Phone: (780) 492-5604

#### **Please Note:**

Please be aware that you are responsible for ensuring that your registration is complete and appropriate and that your course choices comply with the program to which you have been admitted at Red Deer College and/or to the university to which you wish to transfer (if applicable).

You are cautioned that any changes to your courses, your major or your transfer destination may adversely affect your transferable credit (if applicable), admission requirements for future programs, or eligibility to graduate from Red Deer College. Please consult with an academic advisor if you have any questions.

The function of academic advisors is to provide students with information and resources that enable them to make informed decisions relevant to their education. These resources include the Red Deer College Calendar, the Academic Planning Guide for your chosen program and destination university (if applicable), the Alberta Transfer Guide and the calendar and contact information for your destination university (if applicable). Academic advisors will assist you in interpreting information from these resources or refer you to your destination university if appropriate. Students in university transfer programs are strongly advised to refer to the calendar of the university to which they wish to transfer and should contact appropriate university departments as required.