

BACHELOR OF SCIENCE KINESIOLOGY

KINESIOLOGY AND SPORT STUDIES GENERAL DIPLOMA RED DEER COLLEGE

UPDATED FEBRUARY 2012

This Academic Planning Guide highlights only major points regarding admission and transfer. You are advised to read the University of Alberta and RDC calendars, and the Alberta Transfer Guide for other necessary information. Some of the courses listed in this guide have prerequisites. Please refer to the Course Description section of the RDC calendar for further information.

IMPORTANT INFORMATION ABOUT YOUR UofA BScKNSS DEGREE

- This program requires you to have 5 courses from High School to be admissible, see Admission Requirements on page 3 of this guide for more details
- Following the suggested sequence in this guide and completion of 60 credits will earn you a General Kinesiology Diploma from Red Deer College.
- You can complete up to 60 credits at RDC
- Students who do not present a grade of at least 60% in English Language Arts 30-1 will require a minimum grade of “C” in 6 credits of English
- CMPT 261 does NOT transfer to UofA
- CHEM 211 and 212 both have a lecture, lab AND seminar
- Please note that some KNSS courses have a lecture AND a laboratory.
- This program is an eligible pre-professional Medicine program. See the Pre-Medicine Academic Planning guide for details
- BSc Kinesiology degree program explores and studies the many aspects of human movement from cell structure and function, to how astronauts’ bodies react to weightlessness in space.
- Please view University website for more information:
www.physedandrec.ualberta.ca/UndergraduatePrograms.aspx

SUGGESTED PATTERN YEAR 1

YEAR 1 FALL TERM	YEAR 1 WINTER TERM
KNSS 200 (3) Structural Anatomy	KNSS 201 (3) Biomechanics
KNSS 270 (3) Leadership and Instruction in Physical Activity	KNSS 210 (3) Fitness and Wellness Theory and Practice
ENGL 219 (3) Essay Composition and Critical Reading	ENGL 220 (3) Literary Analysis
CHEM 211 (3) Introductory University Chemistry I	CHEM 351 (3) Organic Chemistry I
MATH 202 (3) Elementary Calculus I	KNSS 204 (3) Intro to the Sociocultural Foundations of Physical Education, Leisure and Sport

The numbers in () brackets below indicate the number of academic credits required

SUGGESTED YEAR 2 SEQUENCE	
PSIO 258 (3)	Elementary Physiology I
PSIO 259 (3)	Elementary Physiology II
KNSS 202 (3)	Physiology of Exercise
KNSS 203 (3)	Skill Acquisition and Performance
KNSS 209 (3)	Measurement and Evaluation
KNSS 220 (3)	Introduction to Athletic Therapy
KNSS 240 (3)	Adapted Physical Education
KNSS 250 (3) Or PHYS 205 ³	Introduction to the Administration of Sport, Physical Activity, and Recreation Programs Introductory General Physics
Two of:	KNSS 205 (3) History of Sport ¹ KNSS 244 (3) Introduction to Nutrition KNSS 253 (3) Psychological Sport Performance ¹ KNSS 260 (3) Introduction to Coaching Theory KNSS 280 (3) Introduction to Outdoor Education ² KNSS 299 (3) Directed Studies in Kinesiology and Sport Studies KNSS 307 (3) Growth and Development

¹KNSS 205 and KNSS 253 are required courses within the BSc Kinesiology program at the U of A. Students who do not complete these courses at RDC will complete their equivalent after admission to the program at U of A.

²Students who choose to take KNSS 280 must take a mandatory camp during the 4th week of August.

³UofA will be introducing this course in the future; it would be in your best interest to consider taking it.

UNIVERSITY OF ALBERTA ADMISSION AND TRANSFER INFORMATION FOR BACHELOR OF SCIENCE KINESIOLOGY DEGREE

PROGRAM INFORMATION:

Length Of Degree The Bachelor of Science Kinesiology degree program consists of 120 and has both a professional and discipline focus. The program consists of the following components: Degree Core: 84 credits; Practicum 6-12 credits; Option Component: A group of courses totaling 24-30 credits.

Residency Requirement: A maximum of 60 credits may be transferred to the U of A and applied towards the BSc Kinesiology degree.

Transfer Credit To be considered for admission as a transfer applicant, applicants must present a minimum AGPA of 2.0 or equivalent based on a minimum of 24 of transferable credits. Possession of this minimum AGPA does not guarantee admission to the program. Applicants must also possess all High School admission requirements, or equivalent.

Activity Courses: The maximum number of credits that can be filled with KPAC/KDNC 255 courses is 9 credits.

ADMISSION REQUIREMENTS:

Applicants **MUST** present the following High School Subject Requirements for admission:

- English Language Arts 30-1 (grade of at least 60%)¹
- Chemistry 30
- Pure Mathematics 30
- Physics 30
- Biology 30 or Physical Education 30 (5-credit)

¹Students who do not present a grade of at least 60% in English Language Arts 30-1 will require a minimum grade of "C" in **6 credits of English** (i.e. C- in ENGL 219 and C+ in ENGL 220 to make a combined grade of "C").

- Only one Language other than English is accepted for admission. Social Studies 30 is highly recommended.
- If you do not have all the high school subjects required, you may be able to substitute your post-secondary courses. Please see an Academic Advisor for more information.

ACADEMIC REQUIREMENTS:

The Faculty of Physical Education and Recreation is a quota faculty and admission is competitive. In order to qualify for consideration of admission to year 2 or 3, a transfer applicant must have obtained a minimum admission grade point average (AGPA) of 2.0 ("C") on at least 30 university transferable credits. (A minimum of 60 university

transferable credits is required for application to year 3.) Students applying with less than 30 transfer credits must apply to Year 1 where admission is more competitive.

Minimum Grade Required The minimum grade for transferring course work to the University of Alberta is C-.

AGPA CALCULATION:

GPA Calculated The AGPA is calculated on all university transferable course work completed in the most recent two terms of study, provided they contain a minimum of 24 units of course weight. If those two terms contain less than 24 units of course weight, all work in the next most recent term(s) will be included in the calculation until the minimum total of 24 has been achieved.

Competitive Admission GPA Previous Fall For Fall 2011 a competitive AGPA to the U of A BScKNSS was 3.4 on the 4-point scale. The AGPA set for conditional admission to this program for Fall 2012 is 3.3. This does not necessarily represent the AGPA that will be required for future years, but it does give an indication of previous competitiveness.

UNIVERSITY RULES:

Repeat Courses/Course Attempts If a course with a grade of C- or above is repeated, only the first passing grade will be used when calculating the AGPA. Courses presented for admission must not have been attempted more than twice. A withdrawal counts as an attempt.

Spring Courses

The U of A advises that students who take courses at RDC in the Spring (May-June) semester which immediately precedes admission to the U of A may be disadvantaged.

Academic Standing – RTW Applicants who have been twice required to withdraw from any post-secondary program(s) or institution(s) will not be considered for admission or readmission to the Faculty of Physical Education and Recreation.

OTHER

Credit by Special Assessment / Challenged Courses: The U of A Faculty of Physical Education and Recreation does not allow any credit by “special assessment” i.e. no credit is granted for courses “challenged”.

Physical Participation: Students enrolled in courses offered by the Faculty of Physical Education and Recreation must take responsibility for ensuring that they are physically and medically fit to be taking the course.

Regarding transfer to the University of Alberta & Augustana Faculty: When checking course transfer to the University of Alberta, please note that courses which have “AU” as the first two letters of the course abbreviation in the Alberta Transfer Guide will transfer only to the U of A Augustana Faculty in Camrose. In order for a course to also transfer to other U of A faculties, there must be another entry indicating transfer as a course not beginning with “AU”. See example below.

CMPT 214 = U of A CMPUT 114 (3) OR AUCSC 1xx (3)

CMPT 261 = U of A AUCSC 1xx (3)

CMPT 214 is transferable to all U of A faculties, including Augustana, whereas CMPT 261 is accepted only by Augustana Faculty and will not transfer to other faculties at the U of A in Edmonton.

APPLICATION INFORMATION:

Opening Date Application Deadline for the BSc in Kinesiology program at U of A is May 1. Document deadline is June 15. Although the application deadline is May 1, students are advised to apply as soon as possible.

HOW TO FIND MORE INFORMATION

PROGRAM CHAIRPERSON

Sharon Hamilton
Room: 2002-F
Phone: (403) 314-2445
Email: sharon.hamilton@rdc.ab.ca

PROGRAM WEBSITE: ACADEMIC ADVISING:

www.rdc.ab.ca/academic_departments/kinesiology_sports_studies/
Room 1102
403-342-3163
advisors@rdc.ab.ca
www.rdc.ab.ca/academic_advising
www.rdc.ab.ca
www.acat.gov.ab.ca

RDC WEBSITE: ALBERTA TRANSFER GUIDE:

UNIVERSITY CONTACT INFORMATION:

Faculty of Physical
Education and Recreation
Contacts:

<http://www.physedandrec.ualberta.ca/>
Darcie Tessari (surnames beginning A-K)
Karen Willsher (surnames beginning L-Z)
Kristy Wuetherick (Recruitment/Practicum Officer)
Email: per.undergrad@ualberta.ca
Phone: (780) 492-5604

Please Note:

Please be aware that you are responsible for ensuring that your registration is complete and appropriate and that your course choices comply with the program to which you have been admitted at Red Deer College and/or to the university to which you wish to transfer (if applicable).

You are cautioned that any changes to your courses, your major or your transfer destination may adversely affect your transferable credit (if applicable), admission requirements for future programs, or eligibility to graduate from Red Deer College. Please consult with an academic advisor if you have any questions.

The function of academic advisors is to provide students with information and resources that enable them to make informed decisions relevant to their education. These resources include the Red Deer College Calendar, the Academic Planning Guide for your chosen program and destination university (if applicable), the Alberta Transfer Guide and the calendar and contact information for your destination university (if applicable). Academic advisors will assist you in interpreting information from these resources or refer you to your destination university if appropriate. Students in university transfer programs are strongly advised to refer to the calendar of the university to which they wish to transfer and should contact appropriate university departments as required.