



KINESIOLOGY & PHYSICAL EDUCATION
UNIVERSITY TRANSFER PROGRAMS

UPDATED APRIL 2012

This Academic Planning Guide highlights only major points regarding admission and transfer. Students are advised to read the University and RDC calendars, and the Alberta Transfer Guide for the other necessary information. Some of the courses listed in this guide have prerequisites. Please refer to the Course Descriptions section of the RDC calendar for further information.

IT IS RECOMMENDED THAT YOU COMPLETE NO MORE THAN 30 CREDITS (10 HALF COURSES) IN KINESIOLOGY COURSES AT RED DEER COLLEGE. THIS INCLUDES PHYSICAL ACTIVITY COURSES.

The numbers in () brackets below indicate the number of credit hours of the course.

BACHELOR OF ARTS KINESIOLOGY

For the B.A., the major is composed of courses which explore the natural sciences, social sciences, and humanities dimensions of Kinesiology. Recreational, educational and high performance aspects of sport, play and physical activity/sport as a socializing agent and a cultural form underlies this aspect of the study of Kinesiology. The major in the B.A. degree program will examine individual and group association to physical activity, social and psychological advantages and barriers to lifelong involvement and the relationship between recreation and high performance activity with other social institutions and cultural forms.

SUGGESTED YEAR 1 SEQUENCE

- KNSS 204 (3) Sociocultural Foundations of Physical Activity, Leisure, and Sport
- KNSS 210 (3) Fitness and Wellness Theory and Practice
- KNSS 253 (3) Psychological Sport Performance

KNSS OPTIONS:

One of:

- KNSS 240 (3) Adapted Physical Education
- KNSS 307 (3) Growth and Development
- KPAC/KDNC (3) Two (1.5 credit) or One (3.0 credit) Physical Activity Course(s) (See note 1)

NON-KNSS/GLER OPTIONS (21 credits) (see next page/page 6):

- Fine Arts/Humanities _____ (3)
- _____ (3)
- _____ (3)
- Social Science _____ (3)
- Science _____ (3)
- _____ (3)
- _____ (3)

BACHELOR OF SCIENCE KINESIOLOGY

The B.Sc. major is designed to examine the human performance aspects of Kinesiology. Required courses provide an overview of the discipline, but the primary emphasis is the development, function and changing physical and psychological parameters that accompany physical activity involvement at all levels and throughout the lifespan. The B.Sc. in Kinesiology provides a solid foundation in the study of anatomical, mechanical and physiological characteristics that underlie personal achievement in sport and physical activity.

Students intending to complete the B.Sc. Kinesiology program should present the following courses from High School to meet course pre-requisite requirements: ELA 30-1, Biology 30, Pure Mathematics 30, and one of Chemistry 30 or Physics 30.

SUGGESTED YEAR 1 SEQUENCE

KNSS 200 (3)	Structural Anatomy
KNSS 210 (3)	Fitness and Wellness Theory and Practice
BIOL 217 (3)	Introduction to Cell Biology
KPAC/KDNC (3)	Two (1.5 credit) or One (3.0 credit) Physical Activity Course(s) (See note 1)

NON-KNSS/GLER OPTIONS (15 credits) (see next page/page 6):

Fine Arts/Humanities	_____	(3)
(6 credits ENGL recommended)	_____	(3)
	_____	(3)
Social Science	_____	(3)
	_____	(3)

NON-KNSS OPTION (3 credits) (see next page):

_____ (3)

SUGGESTED YEAR 2 SEQUENCE

PSIO 258 (3) Elementary Physiology I
PSIO 259 (3) Elementary Physiology II

One of:

STAT 251 (3) Introduction to Applied Statistics I
(3) Course in Mathematics: Choose from MATH 202, MATH 203 or MATH 221
(3) Course in Computer Science: Choose from CMPT 201 or CMPT 261

One of:

PHYS 205 (3) Introductory General Physics I (Mechanics)
PHYS 241 (3) Mechanics

KNSS OPTIONS:

One of:

KNSS 204 (3) Sociocultural Foundations of Physical Education, Leisure and Sport
KNSS 220 (3) Introduction to Athletic Therapy
KNSS 240 (3) Adapted Physical Education
KNSS 253 (3) Psychological Sport Performance
KNSS 307 (3) Growth and Development
KPAC/KDNC (3) Two (1.5 credit) or One (3.0 credit) Physical Activity Course(s) (See note 1)

NON-KNSS/GLER OPTIONS (3 credits) (see below/page 6):

Fine Arts/Humanities _____ (3)

NON-KNSS OPTIONS (12 credits) (see below):

_____ (3)
_____ (3)
_____ (3)
_____ (3)

NOTES:

- KPAC's:** Choose any U of L transferable KPAC and/or KDNC 200, 255, 340. Check the Alberta Transfer Guide regarding transfer credits for these courses. Most KPAC/KDNC courses transfer to the U of L for 1.5 credits each (in which case two courses must be taken to achieve 3 transfer credits). To meet graduation requirements, students must complete a minimum of six and a maximum of sixteen physical activity courses (of which at least two must be at the 3000-level or higher).
- Students completing the B.Sc. (Kinesiology) should focus on science KNSS options and open options.

OPTIONS:

Go to the "Course Descriptions" section of the RDC Academic Calendar for information on specific courses. Students should ensure that each "half year" option selected transfers to the U of L for 3 credits. Check the **Alberta Transfer Guide** at <http://www.acat.gov.ab.ca>

BACHELOR OF SCIENCE EXERCISE SCIENCE:

The Department of Kinesiology and Physical Education offers a multidisciplinary major in Exercise Science for the Bachelor of Science (B.Sc.) degree. This major is designed for those students who are likely to seek advanced studies in Exercise Science in general, or Biomechanics, Exercise Physiology or Sport Psychology specifically. Students interested in pursuing advanced study in related fields such as Anatomy, Physical Therapy, Medicine, Athletic Therapy or other high performance sport-related fields, might well be advised to select this major. Careful selection of the options available in this major will tailor a degree to the specific interests of the student.

Students intending to complete the B.Sc. Exercise Science program should present the following courses from High School to meet course pre-requisite requirements: ELA 30-1, Biology 30, Chemistry 30 and Pure Mathematics 30.

SUGGESTED YEAR 1 SEQUENCE

KNSS 200 (3)	Structural Anatomy
KNSS 210 (3)	Fitness and Wellness Theory and Practice
BIOL 217 (3)	Introduction to Cell Biology
PSYC 260 (3)	Basic Psychological Processes
PSYC 261 (3)	Social and Individual Behaviour

GLER OPTIONS (12 credits) (see next page):

Fine Arts/Humanities	_____	(3)
(6 credits ENGL recommended)	_____	(3)
Social Science	_____	(3)
	_____	(3)

KNSS or NON-KNSS OPTION (3 credits) (see below):

_____ (3)

SUGGESTED YEAR 2 SEQUENCE

PSIO 258 (3)	Elementary Physiology I
PSIO 259 (3)	Elementary Physiology II
KNSS 307 (3)	Growth and Development
MATH 202 or 203 (3)	Elementary Calculus I
PSYC 375 (3)	Brain and Behaviour

GLER OPTIONS (6 credits) (see next page):

Fine Arts/Humanities	_____	(3)
	_____	(3)

KNSS or NON-KNSS OPTIONS (9 credits) (see below):

_____ (3)
_____ (3)
_____ (3)

OPTIONS:

Go to the "Course Descriptions" section of the RDC Academic Calendar for information on specific courses. Students should ensure that each "half year" option selected transfers to the U of L for 3 credits. **Check the Alberta Transfer Guide at <http://www.acat.gov.ab.ca>**

UNIVERSITY OF LETHBRIDGE GENERAL LIBERAL EDUCATION REQUIREMENT

The General Liberal Education Requirement (GLER) is a 12-course requirement for all University of Lethbridge undergraduate students. This requirement supports the liberal education philosophy of the University and ensures that students acquire breadth of knowledge encompassing a wide variety of disciplines. The General Liberal Education Requirement must be completed prior to graduation at the University of Lethbridge.

The courses listed below are Red Deer College courses that transfer to the University of Lethbridge in the area indicated. For example, ANTH 308 transfers to the U of L as a Linguistics course and is a Humanities classification; ANTH 356 transfers as either an Anthropology course (Social Science) or a Native American Studies course (Humanities); ANTH 200 and 306 transfer to the U of L as Archaeology courses, and are Science classifications. The remaining transferable Red Deer College Anthropology courses transfer as Anthropology courses and are Social Sciences classifications.

FINE ARTS & HUMANITIES

1. _____
2. _____
3. _____
4. _____

All transferable courses in the following subjects are classified as Fine Arts and Humanities (*excluding those courses listed as Sciences*):

- ART
- CLAS
- COMM
- DRAM
- ENGL
- FILM
- FREN
- HIST
- INTD
- MUSI (not MUSE or MUSI 210, 213, and 214)
- MUSP
- PHIL
- SPAN

The following courses are also classified as Fine Arts and Humanities:

- ANTH 308
- ANTH 356 (can also transfer as Social Science)
- KNSS 205
- POLI 308, 309, 310
- SOCI 307

SCIENCES

1. _____
2. _____
3. _____
4. _____

All transferable courses in the following subjects are classified as Sciences:

- ASTR
- BIOC
- BIOL
- CHEM
- CMPT
- ENGG
- GENE
- MATH
- MICR
- PHYS
- PSIO
- STAT
- ZOOL

The following courses are also classified as Sciences:

- ANTH 200, 306
- BUS 306, 307
- BADM 111, 207
- GEOG 230, 231
- KNSS 200, 201, 209, 220, 244, 307
- NURS 215
- PHIL 221, 222, 389, 364
- PSYC 260, 312, 358, 368, 369, 375, 377

SOCIAL SCIENCES

1. _____
2. _____
3. _____
4. _____

All transferable courses in the following subjects are classified as Social Sciences (*excluding those courses listed as Fine Arts and Humanities or Sciences*):

- ANTH
- ECON
- GEOG
- KNSS (excluding KNSS 280)
- POLI
- PSYC
- SOCI

The following courses are also classified as Social Sciences:

- BADM 281
- FAM 315 (not FAM 322)

NOTES:

1. Two or more courses in a particular subject may transfer as the same course to the U of L (e.g., BIOL 201 and 217 both transfer to the U of L as BIOL 1010; students will not receive credit for both BIOL 201 and 217). Students are advised to consult the current Alberta Transfer Guide.
2. A maximum of four courses from one department may be used in meeting the General Liberal Education Requirement. Please refer to the 2011/2012 University of Lethbridge Calendar for complete information regarding this requirement.
3. Archaeology 1000 (RDC: ANTH 200), Psychology 1000 (PSYC 260) and Psychology 3720 (PSYC 368) are normally designated as Science courses, but may be designated as Social Science upon admission to the U of L according to what is most advantageous to the student, or after admission upon application to the Registrar's Office and Student Services (ROSS) at the U of L.
4. Courses which transfer as unspecified Arts and Science courses (e.g., PSYC 2xxx) will be designated as belonging to one of the three lists, based on the content of the course. This designation will be done by the Admissions Office at University of Lethbridge upon admission.

ADMISSION AND TRANSFER INFORMATION

UNIVERSITY OF LETHBRIDGE

NEW TRANSFER (COLLEGE) ADMISSION:

If you have completed three or more transferable semester courses, you are considered to be a New Transfer applicant. Admission requirements vary depending on the number of transferable, post-secondary courses completed:

Eight or more transferable courses

- Admission GPA of at least 2.00 on the U of L 4.0 GPA scale, calculated on all completed, transferable, postsecondary courses.
- High school credentials are not required.

Five or more (but fewer than eight) transferable courses

- Basic high school admission average of at least 60%, calculated on five appropriate 30-level high school courses (see Part 1 – Admission, in the 2011/2012 U of L Calendar).
- Admission GPA of at least 2.00 on the U of L 4.0 GPA scale, calculated on all completed, transferable, postsecondary courses.

At least three (but fewer than five) transferable courses

- Basic high school admission average of at least 60%, calculated on five appropriate 30-level high school courses (see Part 1 – Admission, in the 2011/2012 U of L Calendar).
- Admission average is determined using a weighted average of the high school admission average and all completed, transferable, post-secondary courses.

Please note that some programs are competitive and possession of the minimum Admission Grade Point Average does not guarantee admission.

MINIMUM GRADE:

The minimum transferable grade for an individual course to the University of Lethbridge is a *D*; however a higher grade may be required for courses in some programs to meet degree requirements.

APPLICATION AND DOCUMENT DEADLINES:

The University offers admission to qualified New Transfer applicants prior to the application deadline.

Therefore, you are encouraged to apply well ahead of these deadlines. For detailed information, please contact the Admissions Office at the University of Lethbridge at (403) 382-7134.

Courses taken at RDC (or elsewhere) in Spring or Spring/Summer terms that immediately precede your admission to the Fall term at U of L will *not* be used for admission purposes due to the U of L document deadline.

REPEATED COURSES:

If you repeat a course at RDC, only the grade for the last attempt is used in determining the U of L Admission GPA.

INTRODUCTORY-LEVEL COURSES:

A maximum of 30 transferable credits which transfer to the U of L at the 1000 level will be counted towards the degree. The University of Lethbridge does not grant transfer credit below the 1000 level.

RESIDENCY REQUIREMENT:

To meet degree requirements, a minimum of 20 courses (60 credit hours), including the last 10 (30 credit hours) taken for credit toward the degree, must be taken at the U of L.

Students are required to complete half of the required courses in the major at the U of L. Therefore, for example, a 13-course major would mean that a student must complete a minimum of seven courses in the major at the U of L.

YEAR OF THE CALENDAR:

Students who are continuously registered at RDC are normally admitted to the U of L under the current U of L Calendar. However, with respect to program requirements, RDC students may be treated as if they had been continuously registered at the U of L during the period in which they attended RDC. Students are governed by the current U of L Calendar in all other aspects (e.g., admission, fees, and general liberal education requirement). For more information, the 2011/2012 U of L Calendar or contact the Registrar's Office and Student Services at the University of Lethbridge for more information (403) 320-5700. Students requiring RDC Academic Planning Guides for earlier years may access them online at

<http://www.uleth.ca/ross/cppgs/rdc/cppg.html>.

STUDENTS WHO HAVE PREVIOUSLY BEEN REQUIRED TO WITHDRAW:

Applicants who have been required to withdraw from this or any other post-secondary institution will not be considered for admission to the University of Lethbridge until at least one full year has elapsed. Applicants who have been required to withdraw more than once will normally not be considered for admission. However, recent evidence of superior transferable work and individual circumstances will be considered. Contact the Registrar's Office and Student Services at the University of Lethbridge for more information (403) 320-5700.

HOW TO FIND MORE INFORMATION

RDC Chairperson:	Sharon Hamilton Office 2002-F Phone: (403) 314-2445 E-mail: sharon.hamilton@rdc.ab.ca
RDC Website:	http://www.rdc.ab.ca
RDC Timetable:	http://www.rdc.ab.ca/academic_calendar/timetable/
RDC Academic Advising	Room 1102 Phone: (403) 342-3400 E-mail: advisors@rdc.ab.ca Web: http://www.rdc.ab.ca/academic_advising
Alberta Transfer Guide:	http://www.acat.gov.ab.ca/
U of L:	http://www.uleth.ca
U of L Faculty of Arts & Science:	Website: http://www.uleth.ca/fas/ E-mail: artsci.advising@uleth.ca Phone: (403) 329-5106 Fax: (403) 380-1880

PLEASE NOTE:

Please be aware that you are responsible for ensuring that your registration is complete and appropriate and that your course choices comply with the program to which you have been admitted at Red Deer College and/or to the university to which you wish to transfer (if applicable).

You are cautioned that any changes to your courses, your major or your transfer destination may adversely affect your transferable credit, admission requirements for future programs, or eligibility to graduate from Red Deer College. Please consult with an academic advisor if you have any questions.

The function of academic advisors is to provide students with information and resources that enable them to make informed decisions relevant to their education. These resources include the Red Deer College Calendar, the Academic Planning Guide for your chosen program and Destination University (if applicable), the Alberta Transfer Guide and the calendar and contact information for your destination university. Academic advisors will assist you in interpreting information from these resources or refer you to your destination university if appropriate. Students in university transfer programs are strongly advised to refer to the calendar of the university to which they wish to transfer and should contact appropriate university departments as required.