

## Psychology, Bachelor of Arts

Psychology is a fascinating discipline; it is the study of mental processes and behavior. Psychologists seek to examine and explain the biological, cognitive and social determinants of human behaviour. At a basic level, psychology students come to understand and appreciate the many factors that influence and motivate human behaviour. Psychology graduates generally have superior skills in problem solving, critical thinking, collecting, analyzing and interpreting data, writing and communicating.

### What you can be with your Philosophy, Bachelor of Arts Degree:

Academic Advisor #4143	Corrections Officer #6462	Geriatric Aide #3413	Program Coordinator	Social Services Caseworker #4152
Human Resource Specialist #1121	Probation Officer #4155	Activity Leader #5254	Community Relations Officer #1123	Life Coach #4212
Research Assistant 4164 Researcher #4165	Group home Worker #4212	Art Therapist #3144	Volunteer Coordinator #4212	Marital Counsellor #4153
Relief Worker	Residential Counsellor #4212	Mental Health Worker #4212	Employee Welfare Officer	Music Therapist #3144
Crisis Worker #4212	Human Rights Activist #4164	Management Consultant #1122	Benefits Officer #1432	Career Counsellor #4156
Marketing Specialist/ Representative	Public Relations Consultant #1123	Market Researcher #4163	Recruiter #1223	School Teacher #4031/#4032
Psychiatrist #3111	Job Analyst #1121	Multicultural Consultant	Investment Advisor #1113	Nurse #3152
Venture Capitalist	International Student Advisor #4033	Recreation Director #0513	Alumni Relations Officer	Sales Representative #6411
Writer #5121	Editor #5122	Reporter #5123	Journalist #5123	Web Developer/Producer #2175
Broadcaster #5231	Publisher #0512	Technical Writer #5121	Book Reviewer	Occupational Therapist #3143

### With additional education I could be a:

Criminologist #4169	University Professor #4011	Mental Health Counsellor #4153	Psychometrist #4169
Forensic Specialist #3111	English as a Second Language Instructor #4031	Physical Therapist #3142	Social Worker #4152
Guidance Counsellor #4033	Psychologist #4151	Sex Therapist #4153	Lawyer #4112

This career/job listing is only a sample of the possible career options; these are certainly not the only career/job options accessible with this degree/diploma. Some of the careers listed require further education. For career information, enter the four-digit number listed below in the Alberta Learning Information Services Website ([www.alis.alberta.ca](http://www.alis.alberta.ca)) or the National Occupational Classification Website (<http://www5.hrsdc.gc.ca/NOC>)

RDC Career Services can help you explore your interests, identify your goals, discuss your career options and job search strategies and discover how to make the most of your education. Email or give us a call to connect with a career counsellor.

**RDC Information: Psychology, Bachelor of Arts Degree**  
<https://rdc.ab.ca/programs/arts/bachelor-arts-psychology>

### Potential employers:

Universities	Seniors Residences	Placement Agencies	Popular Magazines
Colleges	Detentions Centres	Head Hunter Agencies	Educational and Academic Journals
High Schools	Law Firms	Special Needs Centres	Hospitality Industry
Community Organizations	Adoption Agencies	Public Health Services	Cities/Countries

### Major Skills Obtained from Psychology, Bachelor of Arts Degree Program:

- Interpersonal communication skills (oral and written)
- Engage in ethical practice
- Knowledge of human development & behaviour
- Problem solving skills
- Able to observe, analyze, & interpret information
- Understanding of group dynamics
- Computer literacy
- Aptitude for leadership
- Able to mediate or resolve conflicts
- Concern for and sensitivity to others
- Design and construct surveys and interviews
- Decision making

### Professional associations and sites of interest

National Institute of Mental Health [nimh.nih.gov](http://nimh.nih.gov)  
 Red Deer College [rdc.ab.ca/employment](http://rdc.ab.ca/employment)  
 American Psychological Association [apa.org](http://apa.org)  
 City of Red Deer [reddeer.ca](http://reddeer.ca)  
 American Psychological Society  
[psychologicalscience.org](http://psychologicalscience.org)  
 Department of Veterans Affairs [veterans.gc.ca](http://veterans.gc.ca)  
 Canadian Psychological Association [cpa.ca](http://cpa.ca)  
 Correctional Service of Canada [csc-scc.gc.ca](http://csc-scc.gc.ca)

Ontario Psychological Association [psych.on.ca](http://psych.on.ca)  
 Alberta Mental Health Board  
[albertahealthservices.ca](http://albertahealthservices.ca)  
 Canadian Counselling Association [ccacc.ca](http://ccacc.ca)  
 Canadian Mental Health Assoc. [cmha.ca](http://cmha.ca)  
 Canadian Association for Child and Play Therapy  
[www.cacpt.com](http://www.cacpt.com)  
 Legal Aid Society of Alberta [legalaid.ab.ca](http://legalaid.ab.ca)  
 Red Deer County [rdcounty.ca](http://rdcounty.ca)

Information adapted from [mcgill.ca/caps](http://mcgill.ca/caps), [alis.gov.ab.ca](http://alis.gov.ab.ca), and [uleth.ca/ross/ces/majors/psychology.pdf](http://uleth.ca/ross/ces/majors/psychology.pdf)