

## Kinesiology/Physical Education, Bachelor Degree

Kinesiology is the field of study involving physical activity, fitness and sport development. Graduates in the field of Kinesiology are leaders in the areas of fitness/personal training, sport science, teaching, coaching, sport administration, and sport therapy.

### What you can be with your Kinesiology/Physical Education Bachelor Degree:

#### Occupations in Municipal Parks and Recreation

Recreational Counsellor #4167	Coach #5252	Sports Program Supervisor	Aquatics Program Coordinator #4167
Community Development Facilitator	Facility Manager	Fitness Programmer	Special Events Coordinator
Sports Coordinator	Administrative Assistant #1411	City Administrator #0012	Public Health Director #0411

#### Occupations in Provincial and Federal Governments

Multicultural Consultant	Managements Consultant #1122	Public Relations Consultant #5124	Sports/Program Consultant
Fitness/Wellness Consultant	Community Relations Officer	Data Management Administrator	Health and Social Policy Developer

#### Occupations in Youth Service Agencies (Not for profit sector)

Sports Coordinator	Special Education Assistant	After School Program Coordinator	Scouts/Guides/Cadets Recreation Programmer
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#### Occupations in Institutional Employment, Outdoors, Fitness, and Sport Science

Alumni Relations Officer	Manager in Social, Community and Correctional Services	College Instructor	Foreign Student Advisor
Ski Instructor	Water Safety	Camp Administrator	Adventure Tour Operator
Rehabilitation Specialist	Exercise Physiologist #4167	Kinesiologist #4167	Personal trainer #4167
Fitness Instructor #5254	Exercise Therapist #4167	Sports Medicine Physician #3111	Occupational Therapist #3143
Ergonomist #4161	Research Assistant#4122	Scientific Illustrator #5241	Policy Analyst

This career/job listing is only a sample of the possible career options; these are certainly not the only career/job options accessible with this degree/diploma. Some of the careers listed require further education.

For career information, enter the four digit number listed below in the Alberta Learning Information Services Website ([www.alis.alberta.ca](http://www.alis.alberta.ca)) or the National Occupational Classification Website (<http://www5.hrsdc.gc.ca/NOC/>).

RDC Career Services can help you explore your interests, identify your goals, discuss your career options and job search strategies and discover how to make the most of your education. Email or give us a call to connect with a career counsellor.

**RDC Department Information: Kinesiology/Physical Education, Bachelor**[rdc.ab.ca/programs/health-sciences](http://rdc.ab.ca/programs/health-sciences)**With additional education I could be a:**

Sports Analyst #4161	Marketing Representative	Recruiter #1223	Writer #5121
Editor #5122	Sales Specialist in Sport Equipment	Professional Head Coach #4167	Professor
Chiropractor	Registered Massage Therapist	Physiotherapist	Professional trainer

**Potential employers:**

Educational Institutions/Medical Schools	Rehabilitation Services	Government Provincial or Federal	Health and Fitness Clubs
Health Services	Sports and Athletics Programs	Research and Development	Scientific Journals

**Major Skills Obtained from a Kinesiology/Physical Education, Bachelor Degree**

- Thorough knowledge of the functions of the human body
- Verbal and written communications skills
- Ability to understand and work with complex scientific data
- Ability to synthesize complex information
- Critical thinking and analytical skills
- Ability to work independently as well as part of a team
- Ability to make projections
- Ability to make decisions

**Professional Associations and Sites of Interest**

Canadian Kinesiology Alliance- [www.cka.ca](http://www.cka.ca)  
 Fédération des Kinésiologues du Québec- [www.kinesiologue.com](http://www.kinesiologue.com)  
 The Kinesiology Network- [www.kinesiology.net](http://www.kinesiology.net)  
 The Ontario Kinesiology Association- [www.oka.on.ca](http://www.oka.on.ca)  
 The American Physiological Society- [www.the-aps.org/careers/index.htm](http://www.the-aps.org/careers/index.htm)  
 The Physiological Society- [www.physoc.org](http://www.physoc.org)  
 Canadian Physiotherapy Association National Office- [www.physiotherapy.ca](http://www.physiotherapy.ca)  
 The Centre for Nonlinear Dynamics in Physiology and Medicine- [www.cnd.mcgill.ca](http://www.cnd.mcgill.ca)

The Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)- [www.scapps.org](http://www.scapps.org)  
 The Canadian Athletic Therapists Association- [www.athletictherapy.org](http://www.athletictherapy.org)  
 Alberta Kinesiology Association- [www.albertakinesiology.ca](http://www.albertakinesiology.ca)  
 British Columbia Association of Kinesiologists- <http://www.bcak.bc.ca>  
 New Brunswick Kinesiology Association- <http://www.cka.ca/nbka/home.ph>  
 Newfoundland & Labrador Kinesiology Association- [www.nlka.ca](http://www.nlka.ca)

Information adapted from [mcgill.ca/caps](http://mcgill.ca/caps), and [alis.gov.ab.ca](http://alis.gov.ab.ca).