



TERMS OF REFERENCE WELLNESS COMMITTEE

Mandate:

- Provide a forum for stakeholder groups to address, coordinate and evaluate wellness activities
- Coordinate the identification of needs related to wellness for the College community
- Coordinate and facilitate an action plan to address current wellness needs as identified
- Provide a system for communicating, maintaining and promoting wellness activities at the College
- Annually evaluate the effectiveness of the Wellness Committee action plan

Mission: The mission of the Wellness Committee is to develop and implement strategies to enhance the quality of the life of Red Deer College employees.

Composition and Decision-Making: Normally, decisions will be made by a consensus.

Accountability: Chief Human Resources Officer

Responsibility: Manager, Health, Safety and Wellness

Continuous Membership:

Manager of Health, Safety and Wellness (Chairperson),
Chief Human Resources Officer, Kevin Sirois Fitness
Centre Program Coordinator, Animateur

Membership:

Annual, Rotating
At least one member from CUPE, SSA, Nursing Faculty,
Kinesiology Representative

Administrative Support: Administrative Assistant, Health, Safety and Wellness

Meeting: Monthly or at the call of the Chairperson